

RIGHTS OF PASSAGE PROGRAM

Chelsea Minhas, RSW

CAEH 2015



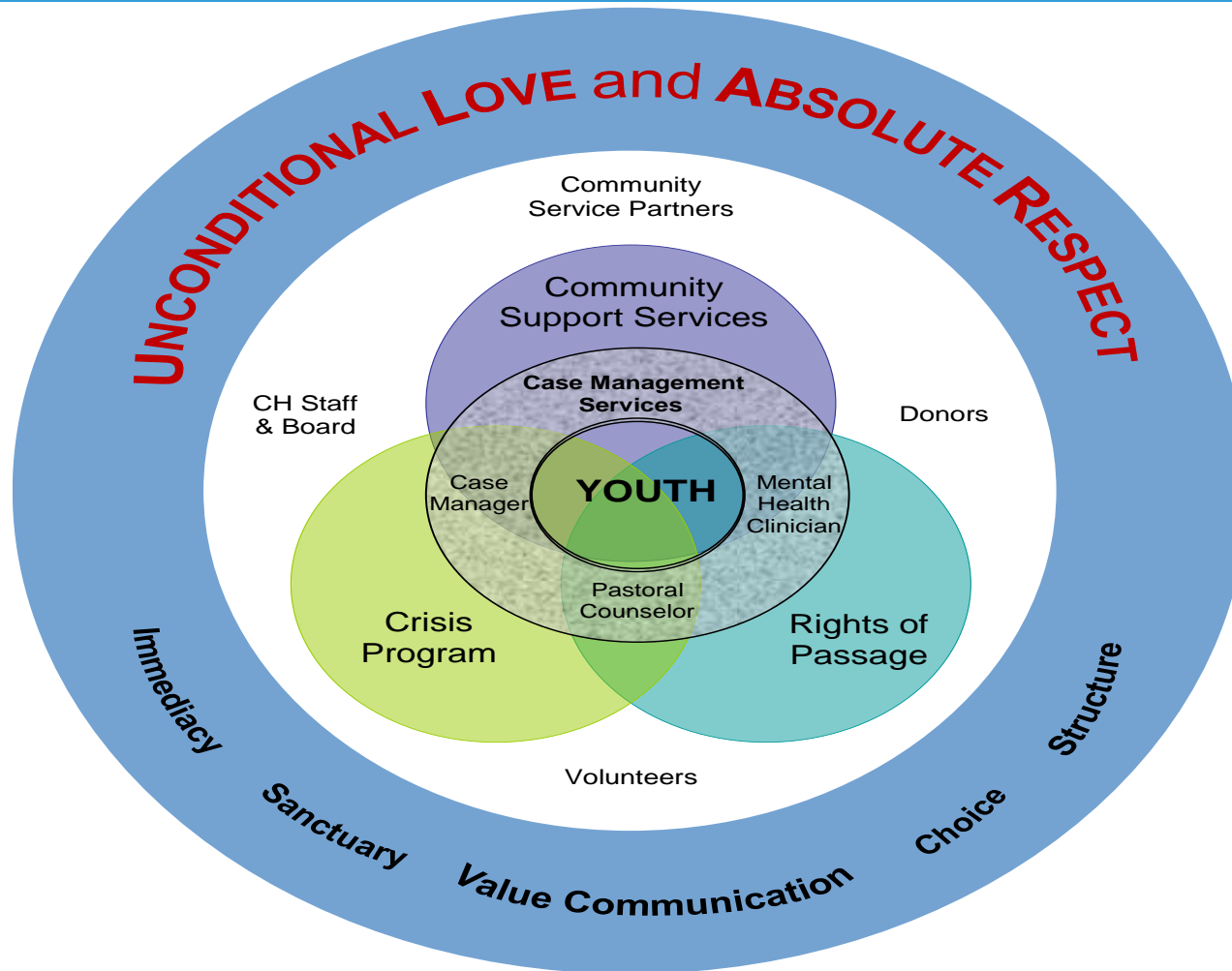
**Covenant
House**
VANCOUVER

Opening Doors for Homeless Youth

Covenant House Vancouver

- Continuum of Care
- Street Outreach
- Drop-In
- 54-bed Crisis Program
- Rights of Passage
- Integrated Case Management Services

Structure of Program Services



ROP Residents

- 16 – 24 years old
- Have been homeless or are at-risk of being homeless
- Motivated to work towards goals and willing to participate in a structured program
- Education or employment focus

ROP Residents

- 54% identified as male in FY15
- 46% identified as female in FY15
- Currently 12% identify as LBGQTQ2S
- Currently 28% under 19 years old
- Average length of stay FY15
10.1 months (expected to rise with
removal of residency limit)

The Facility

- 25 furnished bachelor suites
- Private bathrooms and fridge / microwave
- Common spaces with full kitchens, computers, and television area
- Rooftop garden

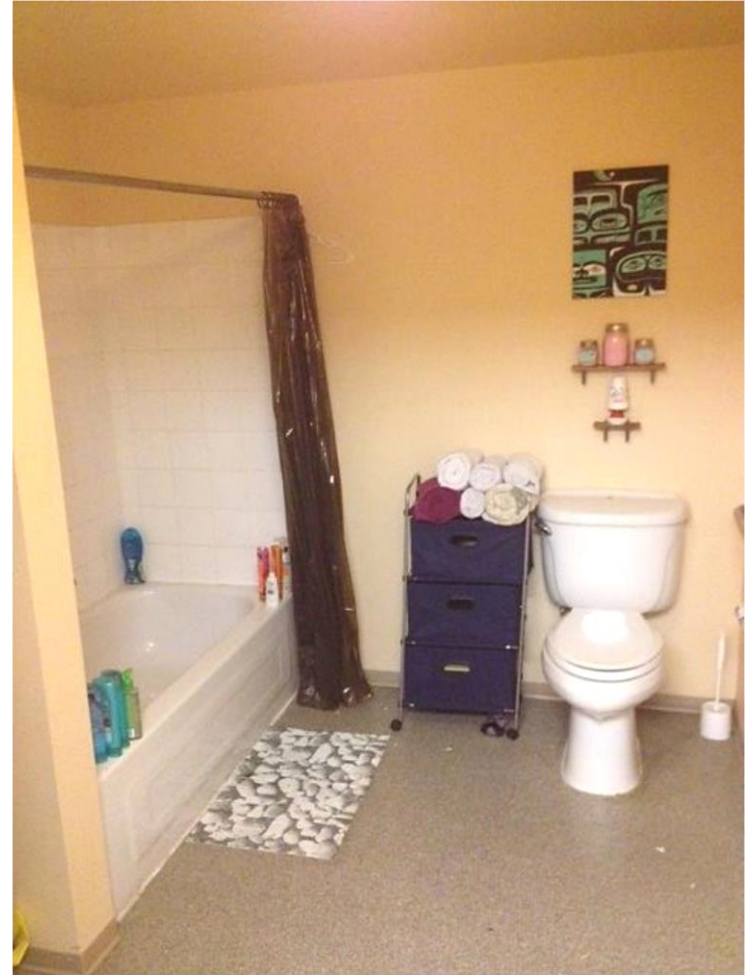
Common Space



Youth Suite



Youth Suite



The Staff

- 24-hour staffing
- Youth Workers (minimum 2 per shift)
- Youth Support Worker
- Case Managers (all RSW)
- Life Skills Coordinator
- Mentorship Coordinator
- Assistant Manager
- Access to Mental Health Clinicians

Admission Criteria

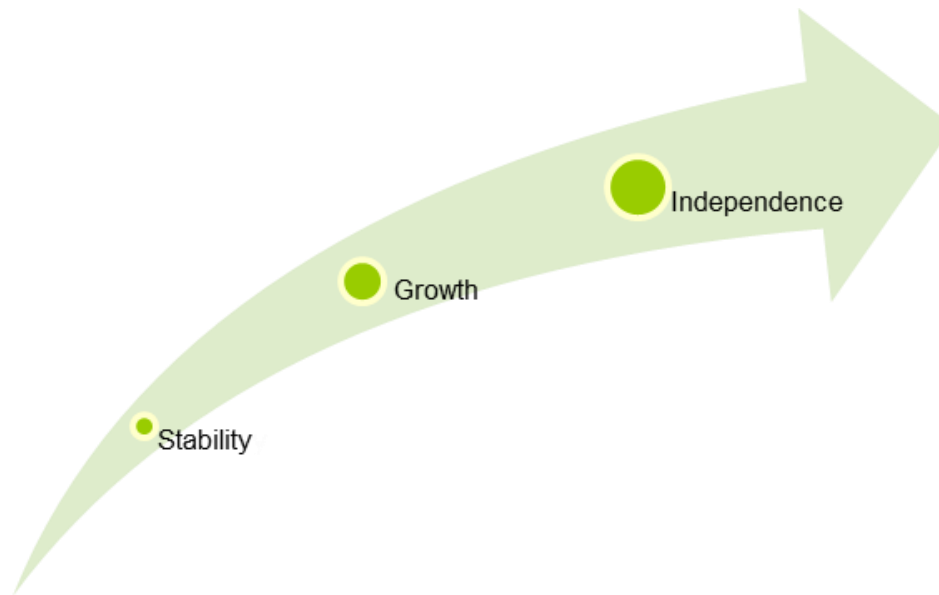
- Self referral only
- Willingness to participate in program
- Full-time school, full-time employment, or a combination of the school / work

Application Process

- Attend an orientation with our Youth Support Worker
- Application package (youth letter, reference letters, etc.)
- Interview
- Transition meeting

Step Program

- 6-step program
- More independence as they move through the steps





Programming

- **Integrated Case Management:** Social Worker works with youth throughout continuum and into community, individualized planning and supports
- **Life Skills:** Pre/post assessments, individualized plan, individual/group/class options
- **Mentorship Program**
- **Recreation!!!**

Whistler Trip October 2015!



Length of Stay

- There is no set length of stay requirement
- As long as youth are working on their goals and making progress, they can stay in the program until their 25th birthday
- In theory, youth could stay from age 16 – 25 and get a real solid foundation for independence

Program Fee

- 60% of income to a max of \$300/month
- 1st year of fees is reimbursed based on step completed by end of year. If youth reach Step 5, 100% is reimbursed.
- Goal is to teach the life skills of paying rent and saving
- Working on reimbursement plan for post 1st year

Follow Up

- Formally follow youth at 3, 6, 9, and 12 months post-discharge
- We are committed to the follow up even if a youth ages out of our services
- We are in touch with 100% of the youth who left our program last year, plus many more from the past
- Community dinners

Community Meal...Yummy!!



Evidence Informed Programming

- Foyer Model
- Attachment Theory
- Trauma Informed Practice
- Resiliency Theory
- Strengths Based
- Systems Approach

Questions?

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