

Putting the Pieces Together

Innovative Collaborative Care: Partnerships Between Health Services and Housing First

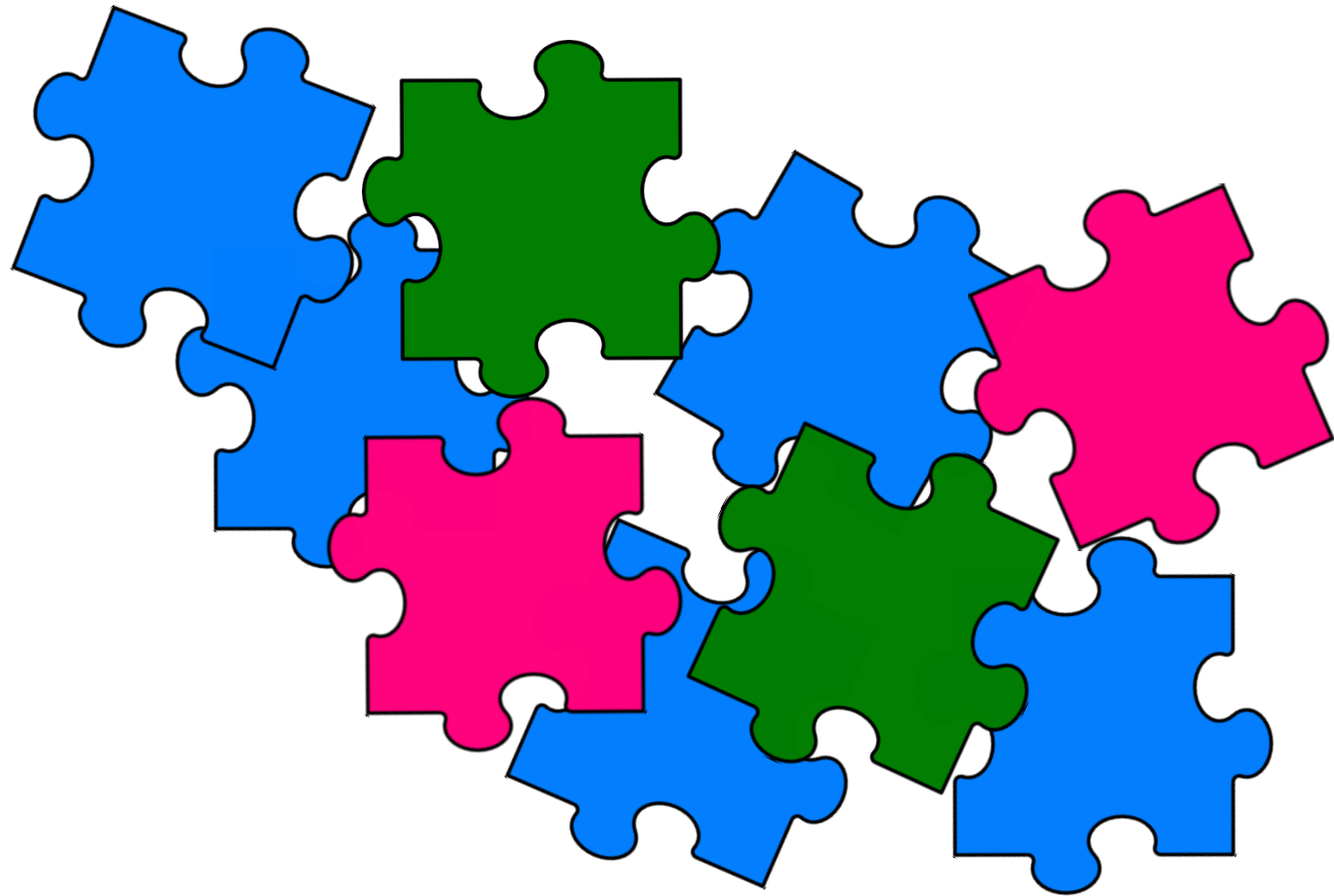
Health Outreach and Community Support (HOCS)

Housing, Supports, and Service Integration:
Winnipeg Regional Health Authority

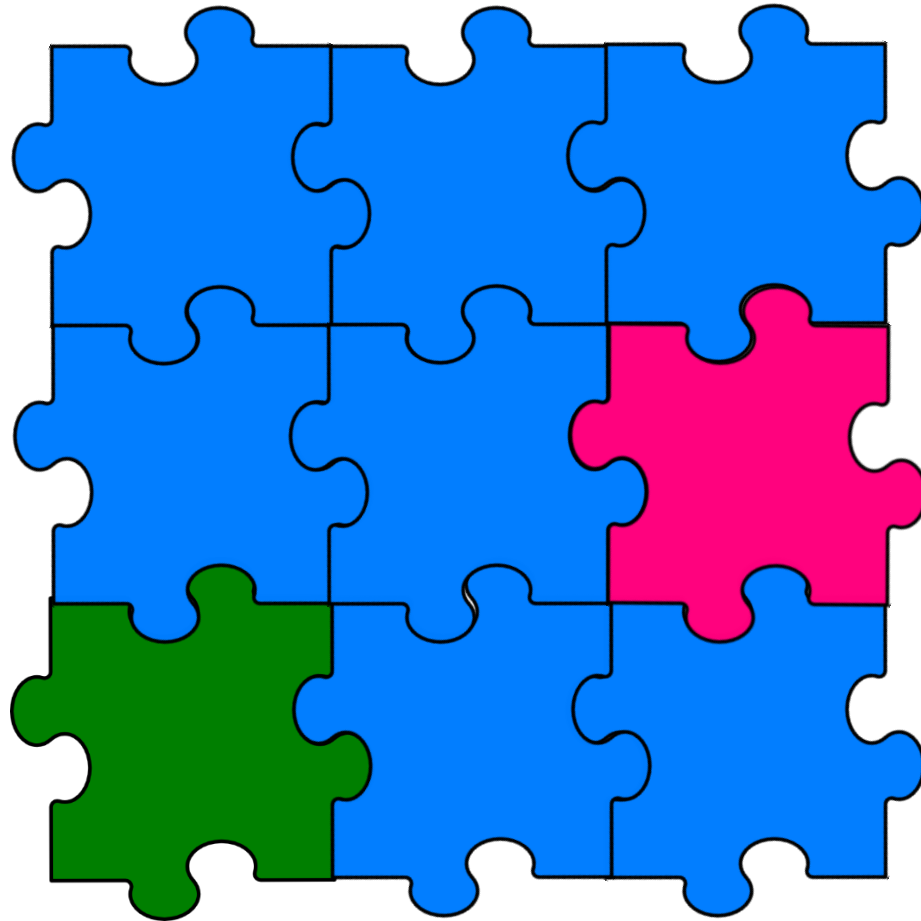
Wi Che Win

Housing First
Ma Mawi Wi Chi Itata Centre, Winnipeg

Solving the Puzzle



The Pieces of the Puzzle



Our Questions for You

Do you have a success story from your community of connections between health services and community based supports?

What strategies have been used to incorporate clinical and trauma supports?



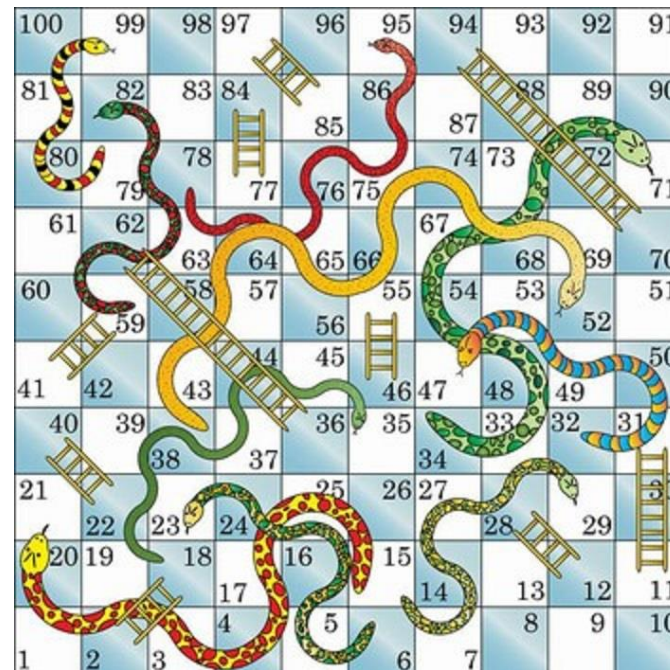
The Early Days....

- **Leadership support and principles**
- **Creation of Housing, Supports, and Service Integration**
- **Intersectoral Integration**
- **Inception of Health Outreach and Community Support**

What is HOCS?

(Health Outreach and Community Support)

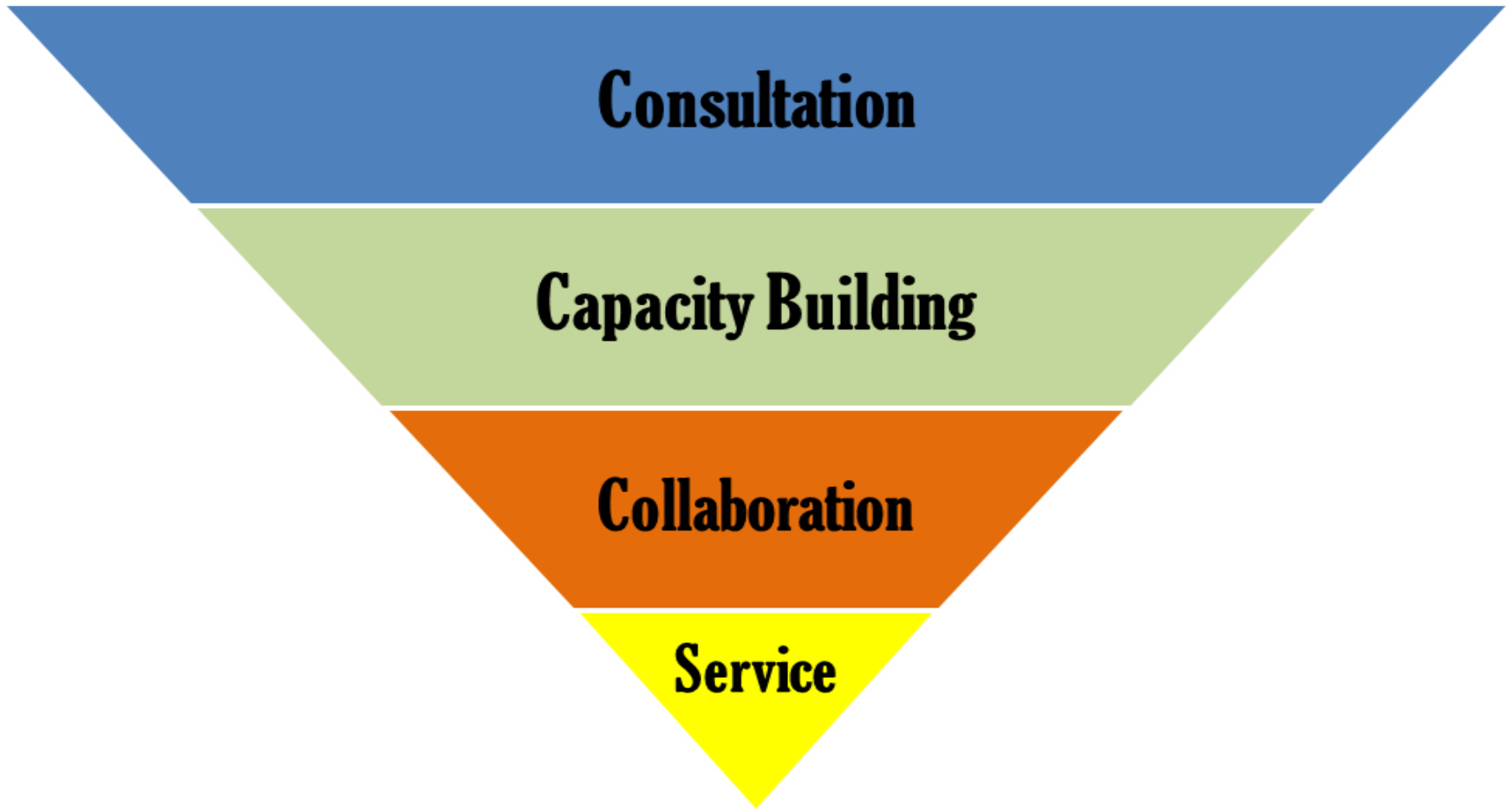
**Mobile, outreach consultation
and service to achieve
access to
health and
social
services.**



HOCS Team

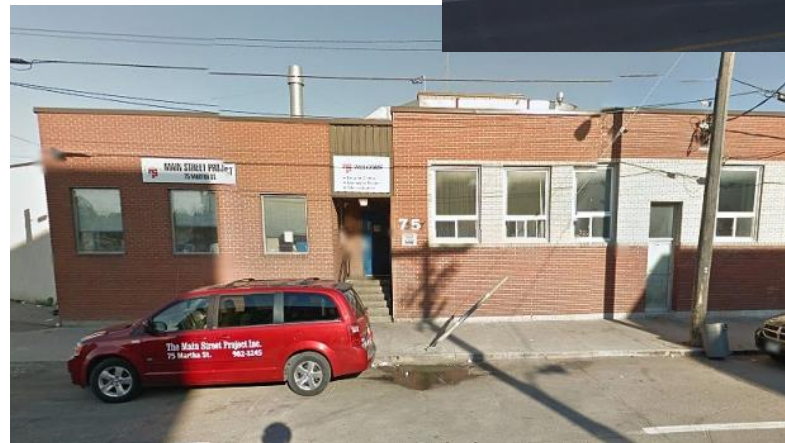
- **Clinical Coordinator (Social Worker)**
- **Clinical Facilitator (Nurse)**
- **Occupational Therapist**
- **Community Services Coordinator**
- **Trauma Worker**
- **Psychiatrist (.5)**
- **Psychologist (.4)**

HOCS Framework



Primary Partners

- Homeless shelters
- Housing First teams
- Housing with supports sites
- System Partners



Wi Che Win

Housing First Team



MA MAWI WI CHI ITATA CENTRE INC.

We all work together to help one another.

The Partnership Relationship



Keys to the Puzzle

R

- Request clinical assessment

E

- Elevate the relationship

S

- Shared plans and expectations

P

- Person-centred comfort with risk

E

- Effectively use opportunities

C

- Case conference

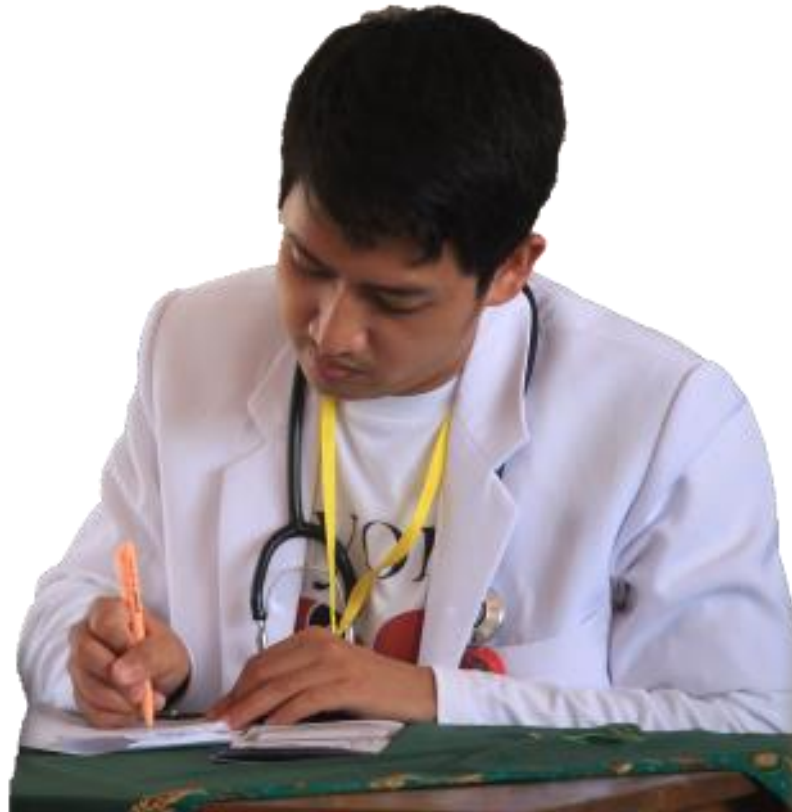
T

- Trauma support

!

- ** The Unknown **

Request Clinical Assessment



Is there a clinical response for the issue you're struggling with?

Elevate the Relationship



Have agency with the best relationship have a lead role

Shared Plans and Expectations



"Why did that happen? I did my job."



"We had a shared plan"



"We were all involved!"



Person-Centred / Comfort with Risk



Comfort with risk impacts the service provided

Effectively Use Opportunities

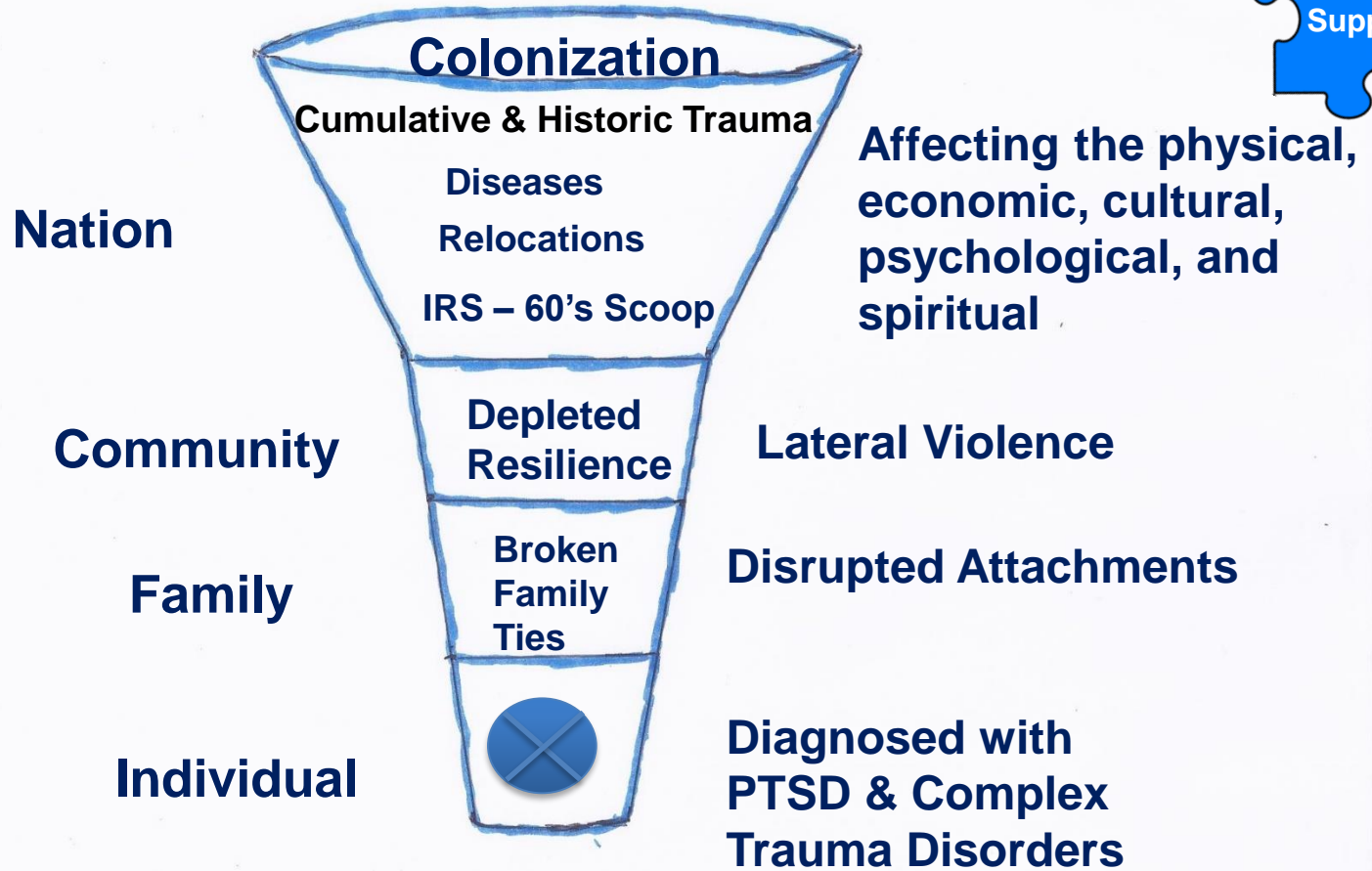


A trip and fall is a chance for change

Case Conference



Get all supports in a room together.



POST TRAUMATIC STRESS RESPONSES

Role of Trauma Worker

Nation

Self-government
Wellness focus
Healing
Ceremony

Affecting the physical,
economic, cultural,
psychological, and
spiritual

Community

Build up
Resilience

Reconciliation

Family

Rebuild
Family
Ties

Healthy Attachments

Individual



Medicine Wheel
Balance

A Trauma Informed Response

- Is understanding:
 - Symptoms and Adaptations
 - Grief and Loss
 - Spiritual Responses
 - Recognizing Strengths and Resilience

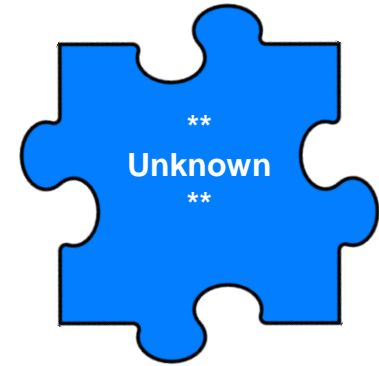
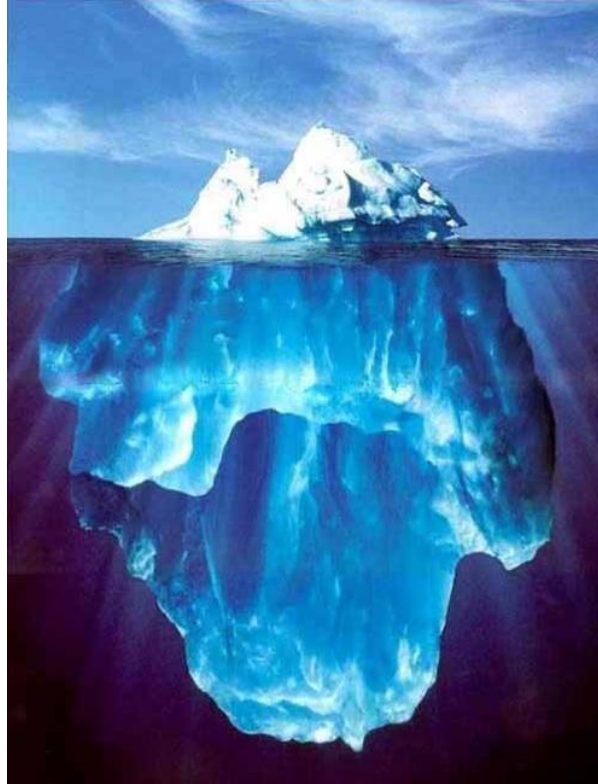
Trauma Support



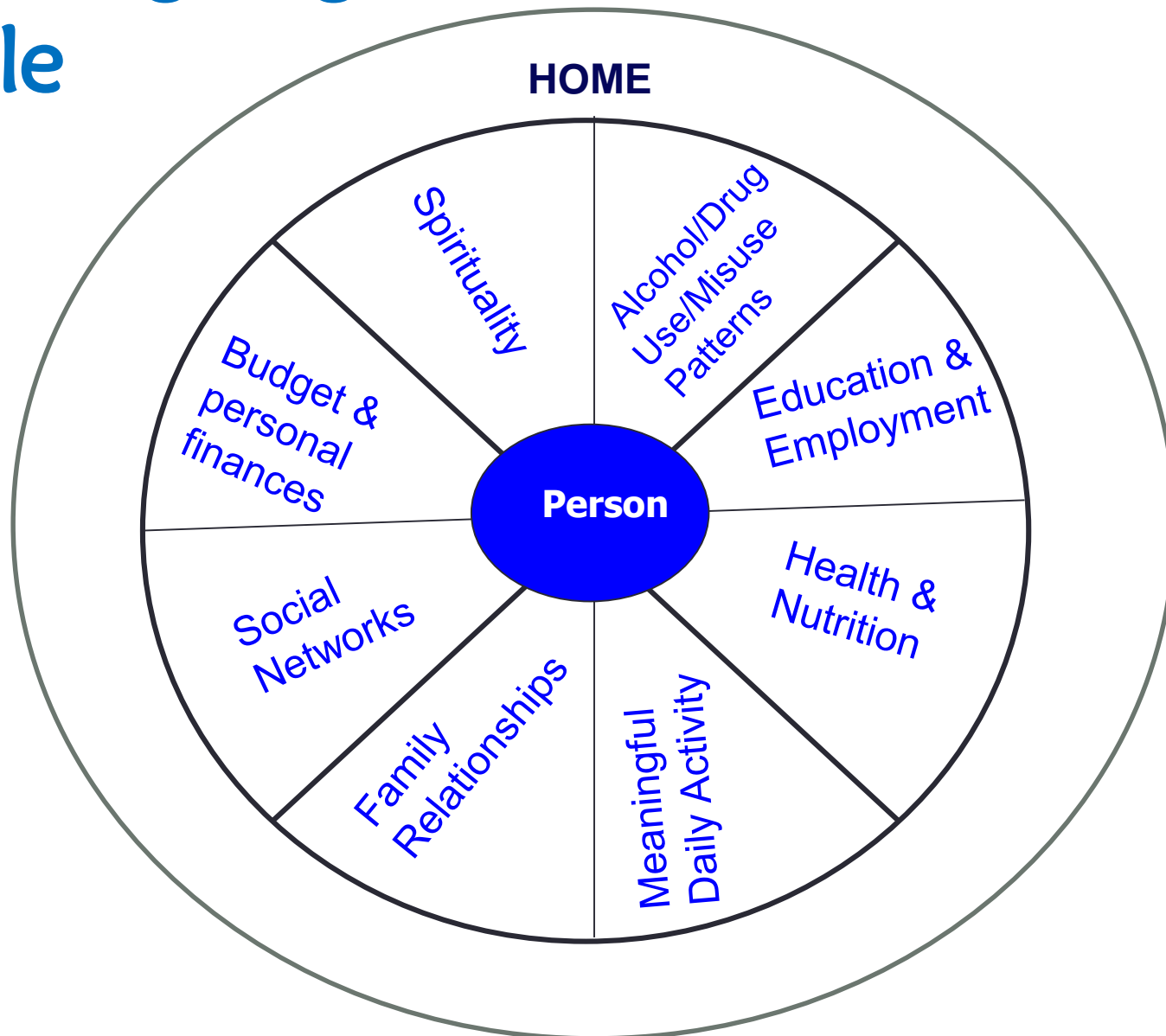
- Making Traditional Connections
- Focus on Mastery and Empowerment
- Encouragement



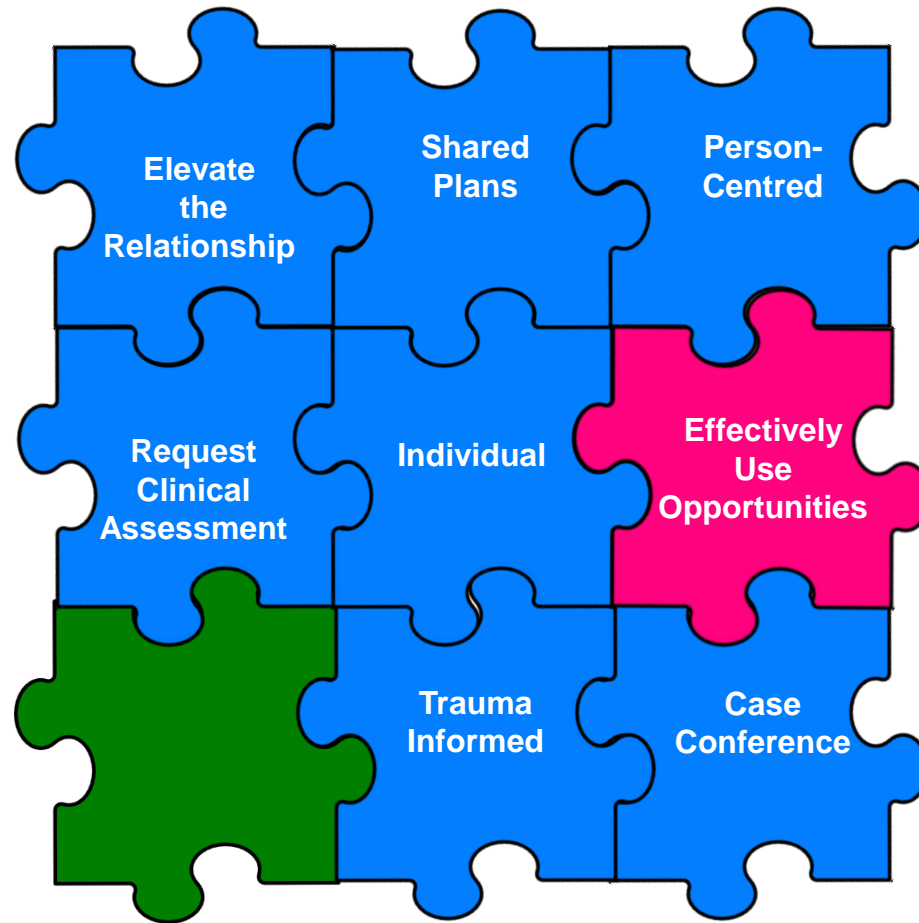
The Unknown



The Ongoing Circle



Getting the Pieces in their Places



Our Questions for You

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