# Driven by Data: Strategies for Tracking & Sharing Program Outcomes

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#### **About Hub Solutions**

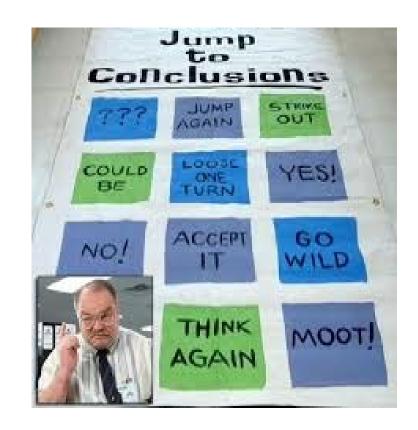
- Launched in 2016
- Provides research, evaluation, and design consultations to those in the field
- Goal of the venture is to enhance research, evaluation, and design capacity in the field
- We also provide fee-for-service research, evaluation, and design work for communities and programs that would like enhanced supports

- This section of the presentation will lay out the ideal plan to monitor the outcomes of your program. Before we begin, a few questions:
  - What are some of the sticking points your agency/organization/program currently encounters when it comes to outcome measurement?
  - Are there any outcomes you want to measure, but don't know how?
  - Does your agency/organization/program have internal research and evaluation supports? Have you collaborated with a local consultant or academic institution?

• First things first – Don't jump to conclusions!

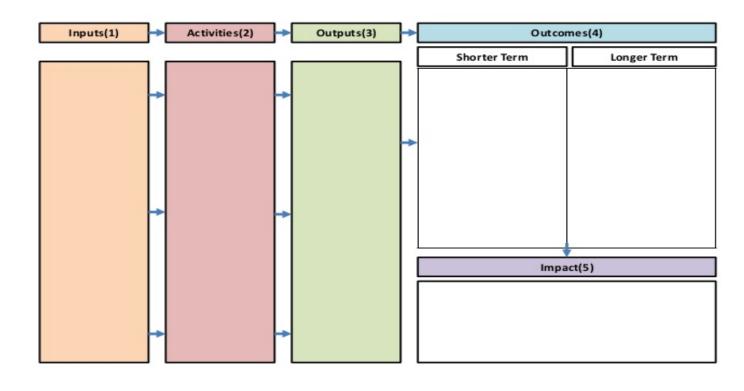
• Tendency to want to immediately focus on outcomes.

 Need to think about the 'nuts and bolts' of your program first.



- Logic models are your friend!
- A visual representation of your program.
- Can be important when applying for funding.
- Not static. Review on an annual basis.

#### Logic Model (draft)



Logic models are your friend!



- **Inputs**: What are the resources and supports required to operate the program service?
  - Staff, program/service offerings, program/service materials



- Activities: How does the program/service operate? What are the key activities of the program/service?
  - Screening/eligibility, Case management supports, Aftercare

Logic models are your friend!



- Outputs: What are the tangible products, goods, and services resulting from the activities?
  - Number of intakes completed, number of case management sessions, number of referrals



Outcomes (including short- and long-term outcomes): What does the program/service intend to achieve in the short-term and the long-term? What are the changes resulting from participation in the program/service's activities?

An important distinction (Couldn't they have named it products?)

- Note the difference between outputs and outcomes.
  - **Outputs** are the direct and measurable products of a program/service's activities and services. Think of these as your numerical or quantitative indicators. They do not address the impact of your program.
    - Examples # of classes offered, # of people served
  - Outcomes define the impact of the program/service and the goals that your program/service hopes to achieve.

#### How to populate your logic model:

- Review documentation
  - What is already written about your program?
    - Manuals, presentations
- Speak with staff and service users
  - The more informal setting the better, as you will want to open the floor for discussion as much as possible
  - A secondary benefit to this process is that it allows for a time of reflection on where the program started and how it has developed over time. It is an opportunity to recognize the good work that the program has been engaged in.
- Logic models are a process and will require a decent amount of time. Several iterations will likely be created.
- Can include a narrative to accompany logic model.

## OUTCOMES!!!!!



#### Outcomes, outcomes! What are outcomes?

- The benefits that are delivered as the result of a service.
- The benefits for participants during or after their involvement with a program.
- The changes in the lives of individuals, organizations or the community as a result of the program.
- The changes that come about as a result of your work.



- How are outcomes phrased?
- Can be grouped into short-term, medium-term, and long-term
  - Greater knowledge of tenancy rights.
  - Improved financial management skills.
  - More effective, self-directed coping skills.
  - Attaining employment.
  - Improved housing stability.
  - Enhanced awareness of community networks.



#### How many outcomes should my program monitor?

• There is no general consensus on the number of outcomes a program should have; however, it is important to not overextend the reach and scope of your program.

#### • Three questions to consider when determining outcomes:

- 1. Is it reasonable to believe the program can influence the outcome in a non-trivial way, even though it can't control it?
- 2. Would measurement of the outcome help identify program successes and help pinpoint and address problems or shortcomings?
- 3. Will the program's various "publics" (staff, volunteers, participants, collaborating organizations, funders, the general community) accept this as a valid outcome of the program?

 You may also want to ensure that your outcomes are grounded in a particular orientation/philosophy/program model.

#### Example – Housing First

- Participants have improved choice in housing.
- Participants have improved well-being.
- Participants have enhanced their number of social supports.



- Once you have landed on your outcomes, the next step is figuring out how you will **measure** the outcomes that you developed. One of the first steps in this process is to define your **outcome indicators**.
- Outcome indicators are specific, measurable pieces of information that you can collect to keep track of the difference that your work is making. They tell you whether or not you are achieving your outcomes and how much change has occurred.

- Outcome indicators should be phrased as 'level of', 'number of', 'type of' or 'how often'. They should not use a word that indicates change, such as 'increased' or 'improved'.
- They should also include **numbers** (quantitative data) and **descriptions or narratives** (qualitative data).
- This data should combine **subjective** (i.e., self-reported perspective of participants) and **objective** (i.e., number of people achieving stable housing) indicators.

- Outcome indicators 4 questions to consider:
  - 1. Is there at least **one indicator** for **each outcome**?
  - 2. Does each indicator measure some important aspect of the outcome that **no other indicator measures**? (Avoid duplication)
  - 3. Is the wording of each indicator sufficiently **specific**? Does it tell you what characteristic or change you will count?
  - 4. Does each indicator identify the statistic(s) that will **summarize** the **program's performance on the outcome**? Will the statistic(s) convey your level of achievement effectively?

Outcome	Indicator	Data Source	Data collection tool/method		
Reduce length of time experiencing homelessness	Number of days to get housed from program entry	HIFIS	Review of HIFIS data		
Improving the incomes of participants	Income level at program entry and program exit	HIFIS	Review of HIFIS data		
Improved quality of life	Level of quality of life	Service users	Quality of life scale		

What to do about programs that make it challenging to measure outcomes?

#### 1 – The program is very short-term.

- Programs that offer immediate and short-term assistance to participants can be challenging to evaluate.
- The actual provision of these services is itself an important outcome!
- In these cases, program outcomes may equal programs outputs the number of people served.
- One strategy is to seek feedback from participants, or a sample of them, about the helpfulness of the service in terms of timeliness, availability, quality, and overall satisfaction.

- 2 One or more major outcomes of the program cannot be expected for many years, so that tracking and follow-up of those participants is not feasible.
- The long-term effects of programming can be difficult to track. For example, a substance use treatment program could help determine if a participant has reduced their substance use at the end of the program, but following up with a participant in a year or the rest of their life could be challenging.
- In this instance, it is important to track **short-term** and **medium-term** outcomes. It is assumed that these short- and medium-term outcomes will lead to the long-term outcomes.

- Identifying data sources and data collection tools/methods
  - Two main sources: 1) Administrative data; 2) Service users and program staff
  - Administrative data: HIFIS, HMIS
    - Examples:
      - Number of program participants who have been housed
      - Written summaries of progress of participants (case notes)
  - Service users and program staff
    - Surveys, focus groups, interviews

- Choosing the right survey tool
  - Don't reinvent the wheel!
  - Several open access tools available
    - Ontario Centre of Excellence for Child and Youth Mental Health
    - <a href="http://www.excellenceforchildandyouth.ca/resource-hub/measures-database">http://www.excellenceforchildandyouth.ca/resource-hub/measures-database</a>

- If appropriate data collection instruments are unavailable, you will need to create your own.
  - In developing data collection instruments, it is tempting to include a lot of questions because the information seems "interesting" or would be "nice to know."
- The structure of the survey can range from:
  - "Yes" or "no" questions
  - Questions that use a scale (1 = "strongly disagree"; 2 = "disagree"; 3 = "neither agree nor disagree"; 4 = "agree"; 5 = "strongly agree").
  - When developing survey questions for participants, it is helpful to include a "Don't know/Unsure", "Decline to answer", and "Not applicable" option so that participants have choice in their responses.

- It is also important to allow participants to share their thoughts via open-ended questions.
  - Interspersing open-ended questions or having open-ended questions at the end of the survey will allow participants to share their own experiences.
  - There should be a limited number of open-ended questions (think two or three), as too many open-ended questions will lead to fatigue.

#### Pilot your survey!

- 1 The wording of the questions. Are questions confusing or misunderstood?
- 2 The content of the questions. Did certain questions make respondents feel uncomfortable? Did any questions seem inappropriate?
- 3 The adequacy of the response categories. Were there enough categories? Too many? Did they offer the right choices? Some participants prefer to include "sometimes" or "don't know" when confronted with "yes" or "no" answers.
- 4 The clarity of the instructions. Where were data collectors or respondents unsure about what to do or how to provide information?
- 5 The layout and format of the instrument. Did it look inviting or intimidating? Was it easy read? Easy to use?

 What to do with the data you collect? How to analyse the outcomes of your program?

- Excel is your friend!!!
  - Data storage
  - Data analysis
    - https://statistics.laerd.com/
  - Pivot tables
    - https://www.excel-easy.com/data-analysis/pivot-tables.html

Start Date ▼	End Date	# of Days in Program	Initial Score 💌 I	Month 1	Month 2	Month 3	Month 4	Final Score	Average p 🔽 l	Difference in Score
September 1, 2018	January 29, 2019		1	2	2	3	4	11	2.75	10
September 21, 2018		-43364	2	3	3	3	4	13	3.25	11
October 31, 2018		-43404	3	4	3	4	5	16	4	13
February 25, 2018		-43156	1	2	4	5	4	15	3.75	14
March 3, 2018		-43162	1	2	3	4	4	13	3.25	12
April 14, 2018		-43204	4	4	4	5	5	18	4.5	14
May 5, 2018	January 31, 2019	271	2	2	2	3	4	11	2.75	9
January 14, 2018	May 22, 2018	128	3	3	3	4	3	13	3.25	10
January 4, 2019		-43469	1	2	2	5	4	13	3.25	12
December 9, 2018		-43443	3	2	1	3	5	11	2.75	8
August 30, 2018		-43342	2	1	3	4	4	12	3	10
July 30, 2018	September 17, 2018	49	3	3	2			5	2.5	2
June 15, 2019		-43631	3	2	2	3	5	12	3	9
April 19, 2018		-43209	1	2	1	2	3	8	2	7
March 15, 2018		-43174	1	3	4	3	4	14	3.5	13
November 22, 2018		-43426	1	2	2	4	2	10	2.5	9
November 11, 2018		-43415	3	5	4	4	4	17	4.25	14
January 15, 2019		-43480	2	3	3	5	5	16	4	14
January 22, 2019		-43487	4	2	3	4	2	11	2.75	7
May 27, 2018		-43247	2	2	1	3	2	8	2	6
August 8, 2018	December 16, 2018	130	4	1	1	4	5	11	2.75	7
	October 18, 2018	43391	1	2	2	3	4	11	2.75	10
October 2, 2018		-43375	2	2	2	4	3	11	2.75	9
		0	1	1	3	3	4	11	2.75	10

# The Design & Communications Process



# Raise your hand if...

- You use social media
- Your agency/organization/program uses social media
- You've worked with a designer to design an infographic?
  - OR you've designed one yourself!
- Your agency/organization/program have internal communications supports?
  - OR works with an external agency?



# Design Thinking

Integrates **collaborative processes** of knowledge & content development with a more assertive involvement in different aspects of publishing (and modes of publication) including graphic design, marketing, communications, and dissemination.

**ULTIMATE GOAL:** Increase the impact of research.



# The Process Outline story Concept ideas Determine Audience Release & Outputs Visual design Review & Refine

# 1. Know your audience

- Think of why the reader needs to read your document - what it is that they should get out of it?
- Keep in mind the average readers level of expertise in your area





# Ask yourself:

- What does my audience already know about the subject?
- What does my audience need to know?
- What questions
- What are the keep
- What needs to

#### What is the

CALL TO ACTION?

• Will my audience be implementing a new practice, using it for further research or is it just intended to help them learn?



# Use Plain language

 Write to everyone who would be interested in your topic, not just experts

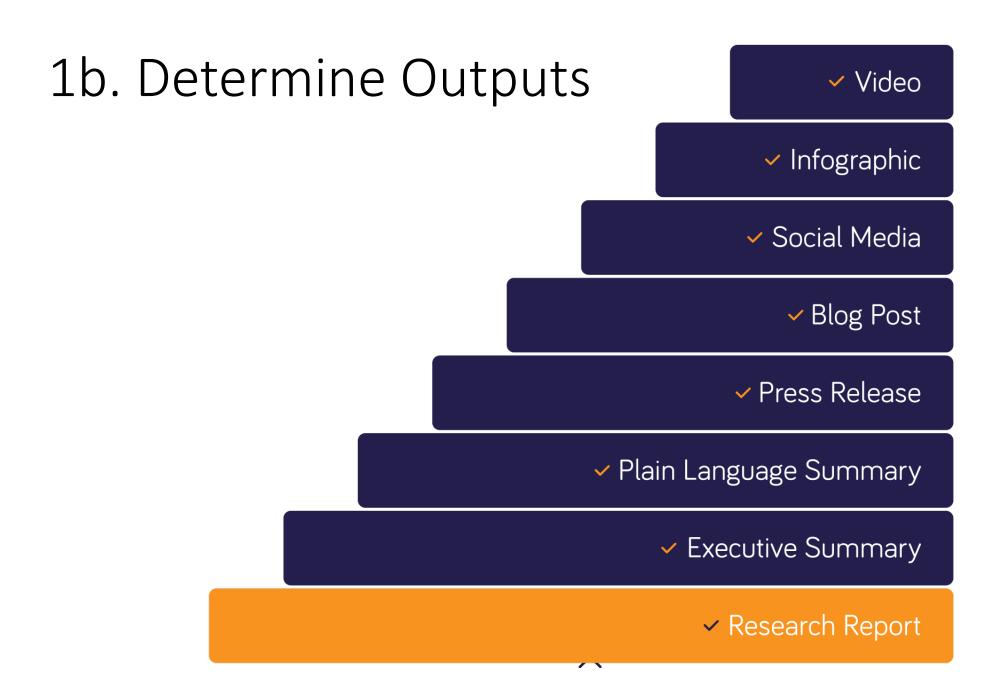
 Even an expert would prefer a clearly written document



# How do they get information?

- The way people receive and absorb information is shaped by:
  - Personal preferences and habits
  - Literacy and education levels
  - Level of understanding of the issue
- = Need to use a variety of formats & channels





### **Tactics**

Address each audience with 2-3 tactics

	Tactic #1	Tactic #2	Tactic #3	Tactic #4
Audience #1	<b>~</b>		<b>~</b>	<b>~</b>
Audience #2		<b>~</b>	<b>~</b>	
Audience #3		<b>~</b>		<b>~</b>
Audience #4	<b>✓</b>	<b>~</b>	<b>~</b>	

• If you see that you aren't addressing all of your key audiences, go back and consider how you can.



# 2. Outline the Story

- Key points to tell your research's story
- **Answers** major questions

#### INFOGRAPHIC - MAIN POINTS

Title: An Evaluation of the Eviction Prevention in the Community (EPIC) Pilot Program

#### What is EPIC?

The EPIC program was launched in March 2017 by Shelter, Support and Housing Administration (SSHA), a Division of the City of Toronto. The program provides wrap around eviction prevention services in order to help tenants facing imminent risk of eviction.

#### Who does EPIC support?

The EPIC program targets households who are at-risk of eviction due to a number of unique circumstances, including difficulties paying rent and facing health or mental health challenges.

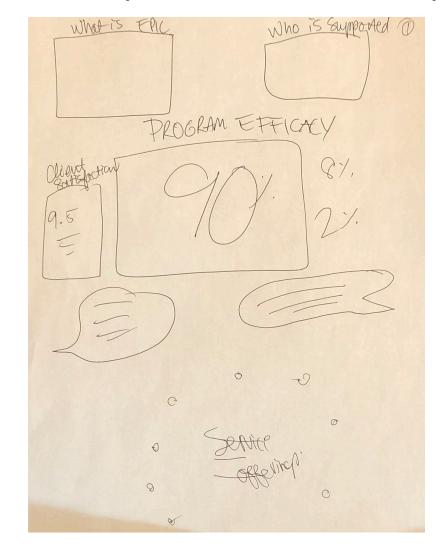
#### Is the EPIC program effective?

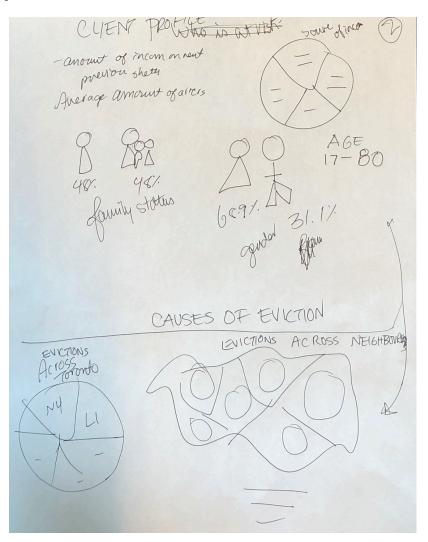
Of the 97 clients discharged from the program over the course of the evaluation, 90% were stabilized in their housing, 8% were rehoused, and 2% exited into homelessness.

Highlight quote - "epic recovery to an epic comeback, you know, at this point, because now I can - all the goals I set, everything I planned to do, I'm not always wondering ..., you know. I can actually plan and



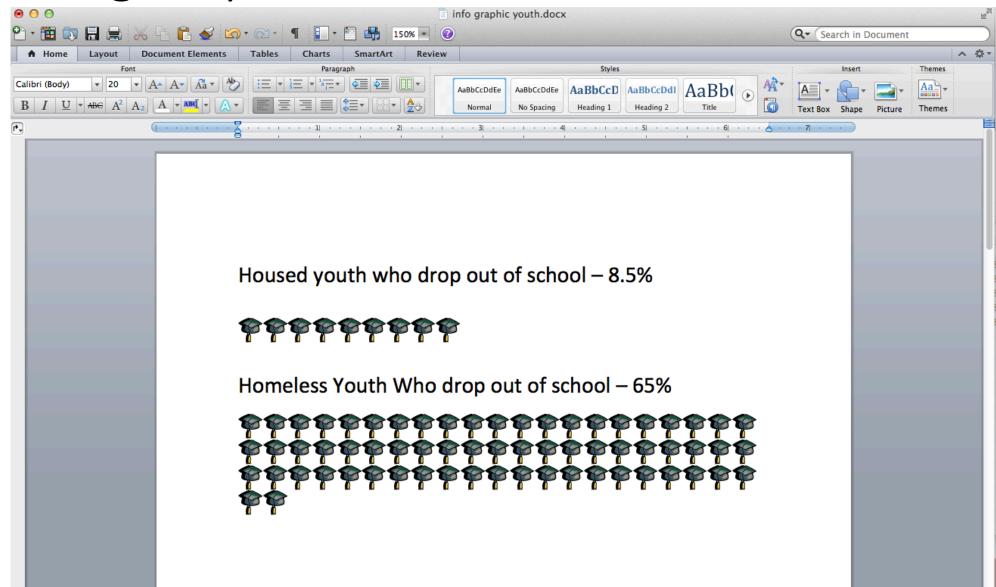
### 3. Concept - Ideas on paper







# ...or digitally



### 4. Visual Design





**ASSESSMENT** 



CASE MANAGEMENT AND MENTAL HEALTH SUPPORTS



FINANCIAL SUPPORTS



LANDLORD MEDIATION



LEGAL SUPPORTS



REFERRALS TO FOLLOW-UP SUPPORTS



REHOUSING



SYSTEM NAVIGATION

EPIC
PROGRAM
EFFECTIVE?

97 CLIENTS

90%

STABILIZED IN THEIR HOUSING 8%

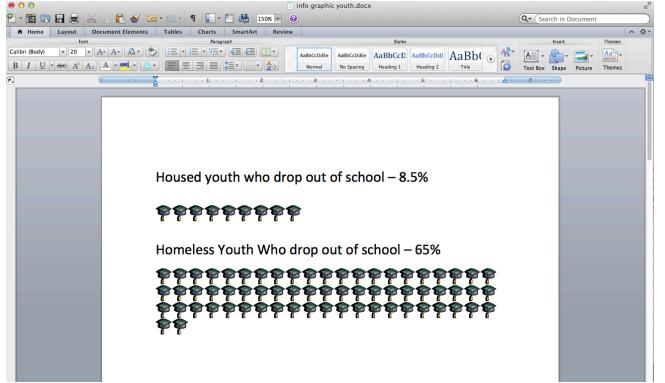
REHOUSED

2%

EXITED INTO HOMELESSNESS

# 4. Visual Design

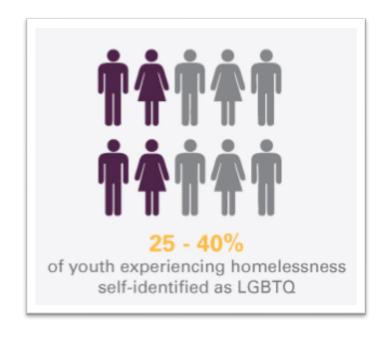








### 5. Review & Refine



Original design concept



After input from researcher, revised design concept better represents diversity in LGBTQ2S homeless youth population



### 5. Review & Refine

### **Probability of severely food-insecure households**

using Food banks and other strategies when short of money

**Ask Financial** Help From Friends/Family

Miss Bill **Payment** 

Ask Help from **Organizations** 

Miss Rent/ Mortgage **Payment** 

59.1% 47.7% 29.5% 28% 20.6%

Use Food Bank

19.6%

Pawn/Sell Possesion



Design = Problem Solving



# Design Challenge Case Study

Design a visual to depict the disconnect between food banks and food insecurity

### **Keywords:**

- disconnect
- band-aid solution
- scale of the problem
- drop in the bucket



### Food banks = band aid solution









# Design Challenge Case Study

Design a visual to depict the disconnect between food banks and food insecurity

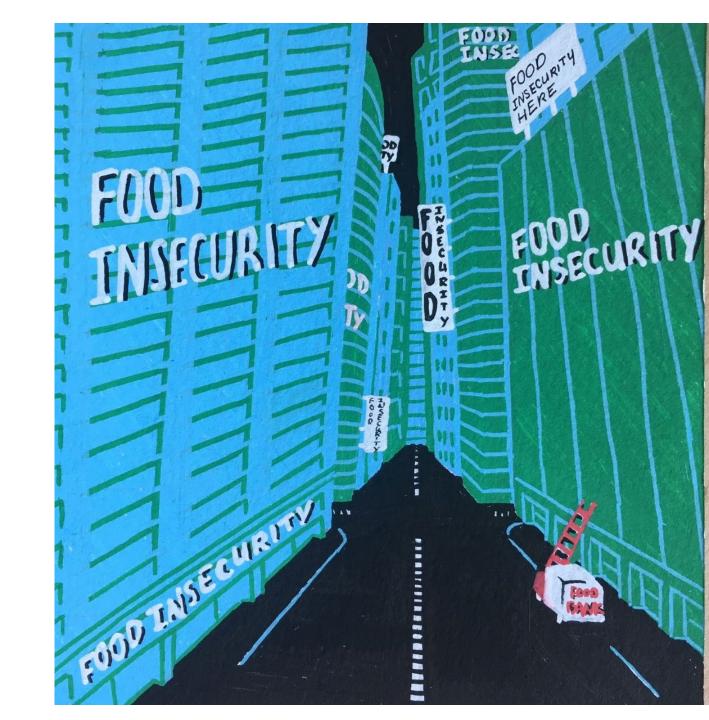
### **Keywords:**

- disconnect
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- scale of the problem
- drop in the bucket

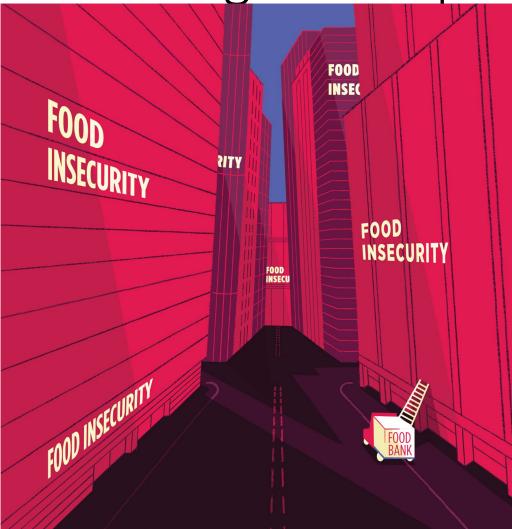


### Start over!

An insignificant ladder amongst several impossibly tall skyscrapers



Final Design & Output





#### **Relationship Between Food Banks** and Food Insecurity in Canada

Food insecurity - the inadequate or insecure access to food due to financial constraints - is monitored by Statistics Canada through the Canadian Community Health Survey. Based on the most recent national estimates from 2012, over 4 million Canadians are living

#### in food-insecure households.

Food insecurity is a serious public health problem in Canada because it negatively impacts physical, mental, and social health, and costs our healthcare system considerably.

Despite widespread recognition that food insecurity is first and foremost an income problem, policy responses in Canada have focused on food provision, with an emphasis on strengthening the charitable food sector1.

The comparison of national statistics demonstrates a substantial disconnect between the number of people living in a food-insecure household versus those accessing a food bank.2 In 2012, there were 5 times more people living in a foodinsecure household than those accessing a food bank.2 More recent data from provinces that measured food insecurity in 2015 - 2016 suggests that this large disconnect persists, with a 3- to 7-fold difference between the two statistics.

**Probability of severely food-insecure households** using Food banks and other strategies when short of money

19.6%

Data source: 2008 Canadian Household Panel Survey Pilot<sup>2</sup>. Severe food insecurity was assessed with one question asking whether in the last 12 months household members ever had to eat less because they didn't have enough money



Above: Please add a caption here

While using a food bank may provide temporary food relief for those who access these programs, there is no evidence that food banks are a solution to the very serious problem of food insecurity in Canada. Research suggests that increasing the economic resources of low-income households reduces food insecurity<sup>5-9</sup>, providing a foundation for effective, evidence-based policy responses to this problem. Governments' continued focus on improving and expanding food banks as a primary response to food insecurity is ill-founded.

#### References:

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2. Tarasuk V. Fafard St-Germain AA, Loopstra R. (2019) The relationship between food banks and food insecurity: insights from Canada. Voluntas (doi.org/10.1007/ s11266-019-00092-w).

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5. Loopstra, R., Dachner, N., & Tarasuk, V. (2015). An exploration of the unprecedented decline in the prevalence of household food insecurity in Newfoundland and Labrador, 2007–2012. Canadian Public Policy, 41(3), 191-206.

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8. Ionescu-Ittu, R., Glymour, M.M., & Kaufman, J.S. (2014). A difference-in-differences approach to estimate the effect of income-supplementation on food insecurit Preventive Medicine, 70, 108-116.

9. Tarasuk V, Li N, Dachner N, Mitchell A. (2019). Household food insecurity in Ontario during a period of poverty reduction, 2005-2014. Canadian Public Policy, 42(1),

# 6. Release – EPIC Outputs





Summary



WHO DOES EPIC SUPPORT?

**₹** 

REFERRALS TO RENOUSING SYSTEM FOLLOW-UP SUPPORTS NAVIGATION

**HELPING CLIENTS?** 



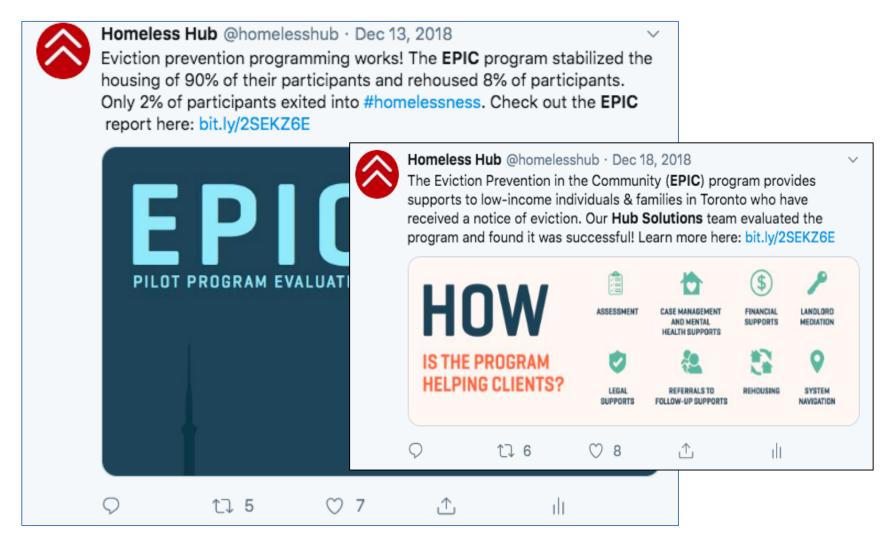


# From Data Collection to Data Sharing

Sharing Your Report with Broad Audiences



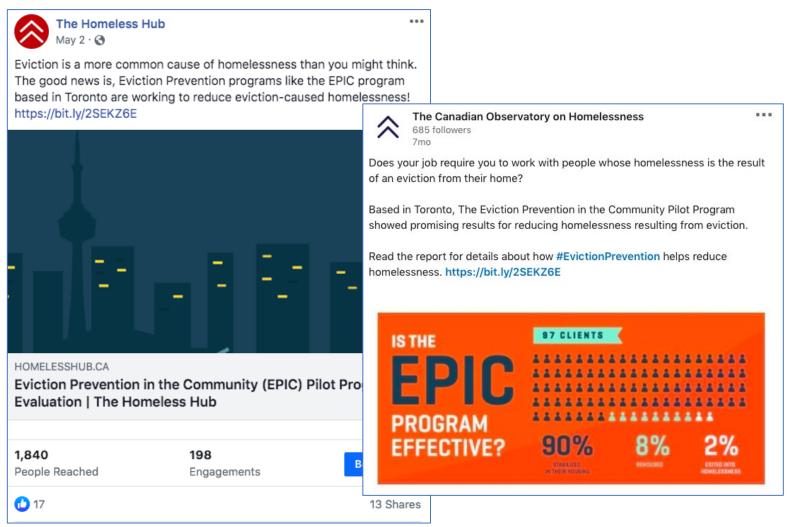






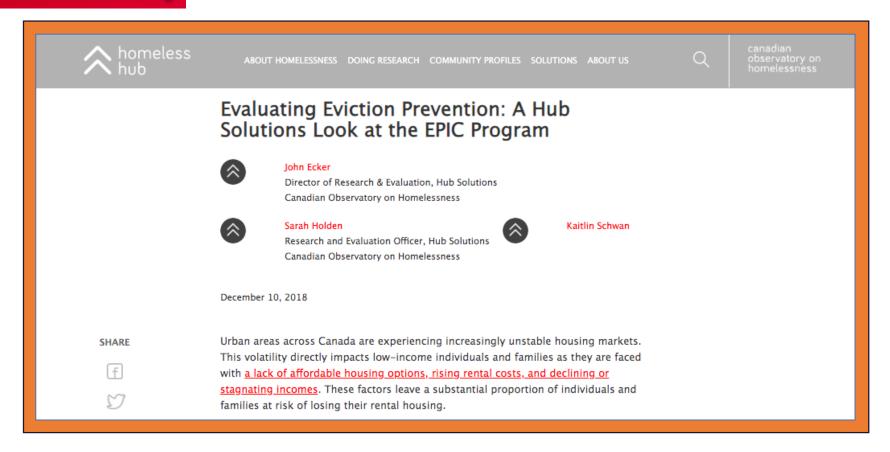






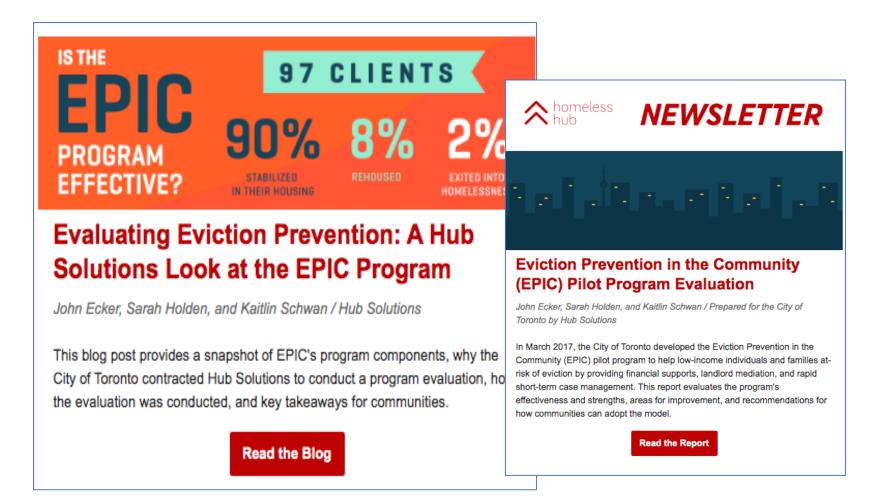


The Homeless Hub Blog











### Getting it Done - Process & Tools

- You have limited time & budget how can you make this all happen?
- It's easier than you think. We'll show you right now!

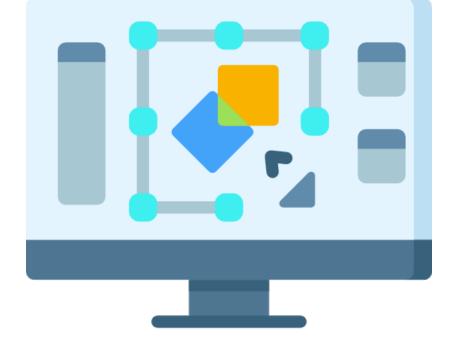




# Getting it Done – The Process

- Start with a key finding
- Choose social platform
- 3. Create Content

- 4. Create & size image
- 5. Publish
- 6. Measure





# Getting it Done – Things to Consider

 Be strategic about the platforms you use, and how you use them

	Storytelling	Resource Sharing	Disseminatin g Research	Networking
Blogging	<b>✓</b>	<b>✓</b>	<b>✓</b>	
Twitter	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
Facebook	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>
LinkedIn		<b>✓</b>		<b>✓</b>
Instagram	<b>✓</b>			<b>✓</b>
Youtube	<b>✓</b>		<b>✓</b>	



# Getting it Done – Create Your Content

- Keep it short & concise
- Shorten your links
- Include a CTA
- Pair with an image
- Be consistent
- Add Value





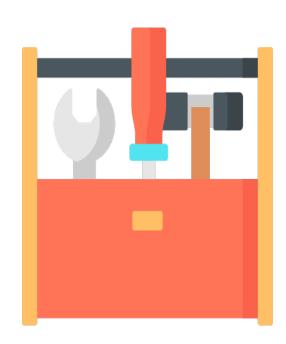
# Getting it Done - Social Media Tools

Here are the FREE tools you need:

### Creating graphics:

- <u>Piktochart</u> Infographics
- <u>Unsplash</u> Stock images
- <u>Canva</u> Designing images
- <u>Hootsuite</u> Publishing
- Bitly Shortening links
- Tips & Best Practices





# 7. Post-Release – Measuring Performance

- How do you know if your communication efforts were successful?
  - Track analytics
  - Look for patterns & trends
  - Look for the right things
  - Be patient & consistent





### FREE - Social Media Tools

- Want to get started on your own?
- Here's a <u>Dropbox</u> of all the social media tools you need!





### Questions?

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Lindsay McRae: <a href="mailto:lmcrae@yorku.ca">lmcrae@yorku.ca</a>

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#### STEP 6: DEVELOPING SYSTEMS PLANNING MODELS

Helping communities chart a path forward towards total systems integration is why the SPC was established! Communities identified a great need for a clear, step-by-step guide to help them advance their work in Systems Planning.

The SPC took all this valuable feedback and developed a free, self-paced curriculum complete with four modules,

☆ 0 0 :

#### THE FOUR PILOT MODULES ARE:

Systems Planning 101 (Basics)



In this module, users gained an understanding of Systems Planning work,

This module includes: Webinar; Backgrounder; Infographic; Key Terms.

Planning for Change (Basics)



This module explored the change management required to navigate the challenges and opportunities of Systems Change.

This module includes: Webinar; Backgrounder.

Engaging Stakeholders (Advanced)



In this module, participants were instructed on ways to expand their local Systems Planning network beyond the "usual suspects" in the homelessserving sector.

This module includes: Webinar; Key Terms; Stakeholder Mapping Template

This module compares and contrasts various governance models that can be used in local systems planning to address homelessness.

This module includes: Webinar; Guide to Governance Models

Courses





Governance Models

