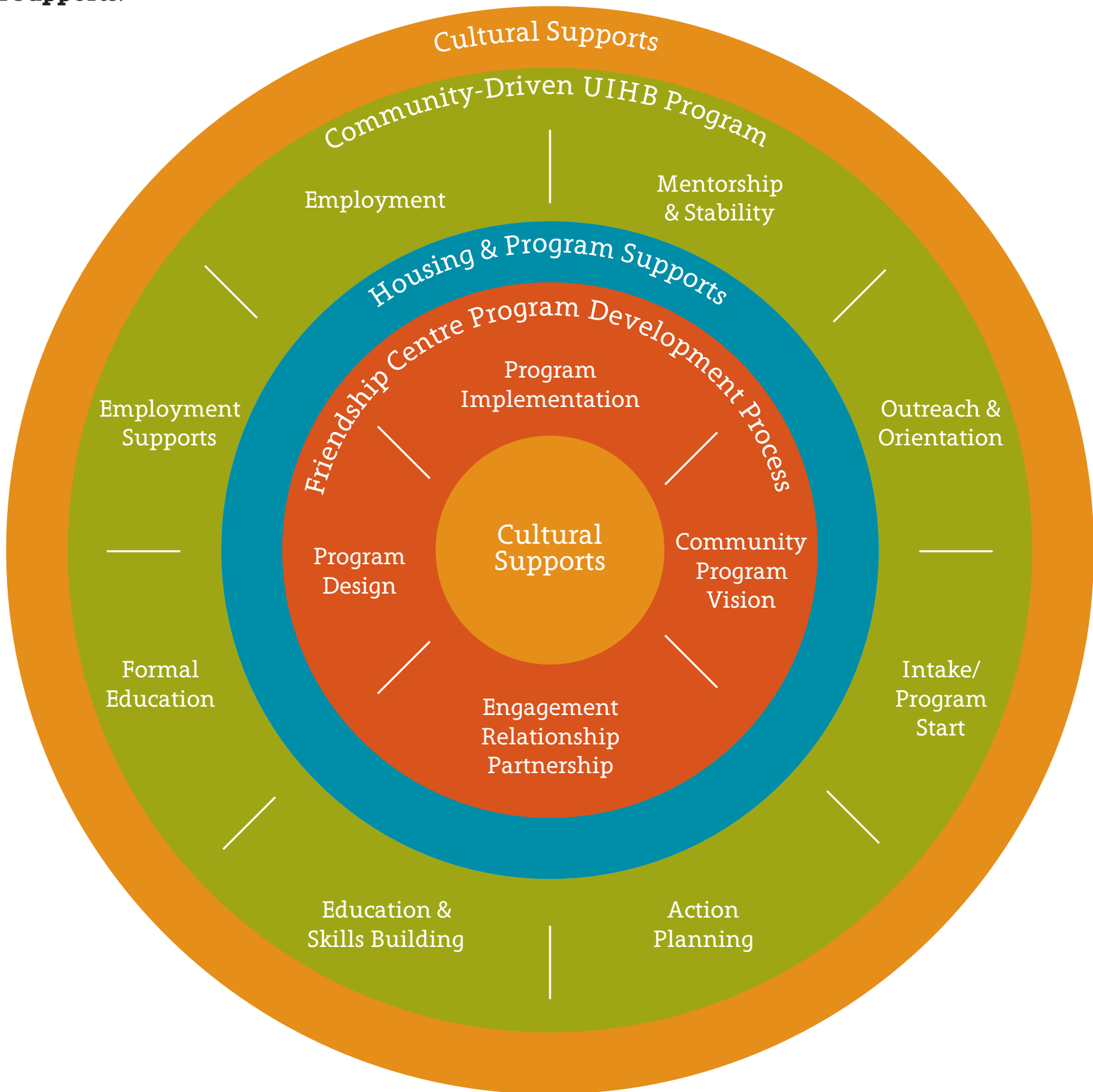


# URBAN INDIGENOUS Homeward Bound Continuum

## Orientation to the Continuum

The Urban Indigenous Homeward Bound Continuum is a cycle. Beginning from the centre with **Cultural Supports**, the cycle moves outward in a spiral formation. Each ring of the Continuum starts in the east and reads clockwise. This Continuum represents the **Friendship Centre Program Development Process** as well as the core components of the Urban Indigenous Homeward Bound (UIHB) program. All of these elements are embedded in and based on **Cultural Supports**.

The Continuum's design is informed by Indigenous approaches of expressing concepts as non-linear cyclical processes.



## Cultural Supports

During the *Friendship Centre Program Development Process*, Friendship Centres identify existing *Cultural Supports* at the Friendship Centre and in the community that will support Indigenous people in the UIHB. If *Cultural Supports* do not exist, but are identified as a priority for the UIHB, the Friendship Centre will incorporate the development of *Cultural Supports* into the Program Design, to be implemented during the Program Implementation.

## Friendship Centre Program Development Process

**Community Program Vision**  
Identifies need, interest and vision for UIHB

**Engagement, Relationship, Partnership**  
Engages with community to determine fit of UIHB, how it could look, develops relationships for UIHB (i.e. colleges, housing, providers, etc.) and formalizes partnerships

**Program Design**  
Designs UIHB based on community guidance, local culture and context, organizational capacity, and funding opportunities

**Program Implementation**  
Implements culturally appropriate wrap-around program aligned to local need, capacity and context

## Community-Driven UIHB Program

**Outreach & Orientation**  
Information sessions for referral partners, individual applications to the program, applicant orientation sessions

**Intake/Program Start**  
Program welcome, families begin to receive supports

**Action Planning**  
Individual case management, service coordination, goal setting

**Education & Skill Building**  
Life skills training, academic upgrading, post-secondary application and preparation

**Formal Education**  
Individuals begin post-secondary programs geared to local labour market

**Employment Supports**  
Employability skills training, workshops, internships, job search

**Employment**  
Continued employment supports, transition to economic independence

**Mentorship & Stability**  
Individuals mentored by employers, families are stable as they transition out of UIHB, former participants mentor new cohort of women

## Housing & Program Supports

During all stages of UIHB, housing and wrap-around supports are provided to participants as they move forward. By coordinating supports for participants, UIHB helps remove barriers that have historically kept mother-led families in poverty and provides stability, support and resources so that families can become independent.