



Developing and Delivering Culturally Safe Services in Mainstream Organizations

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CAEH16

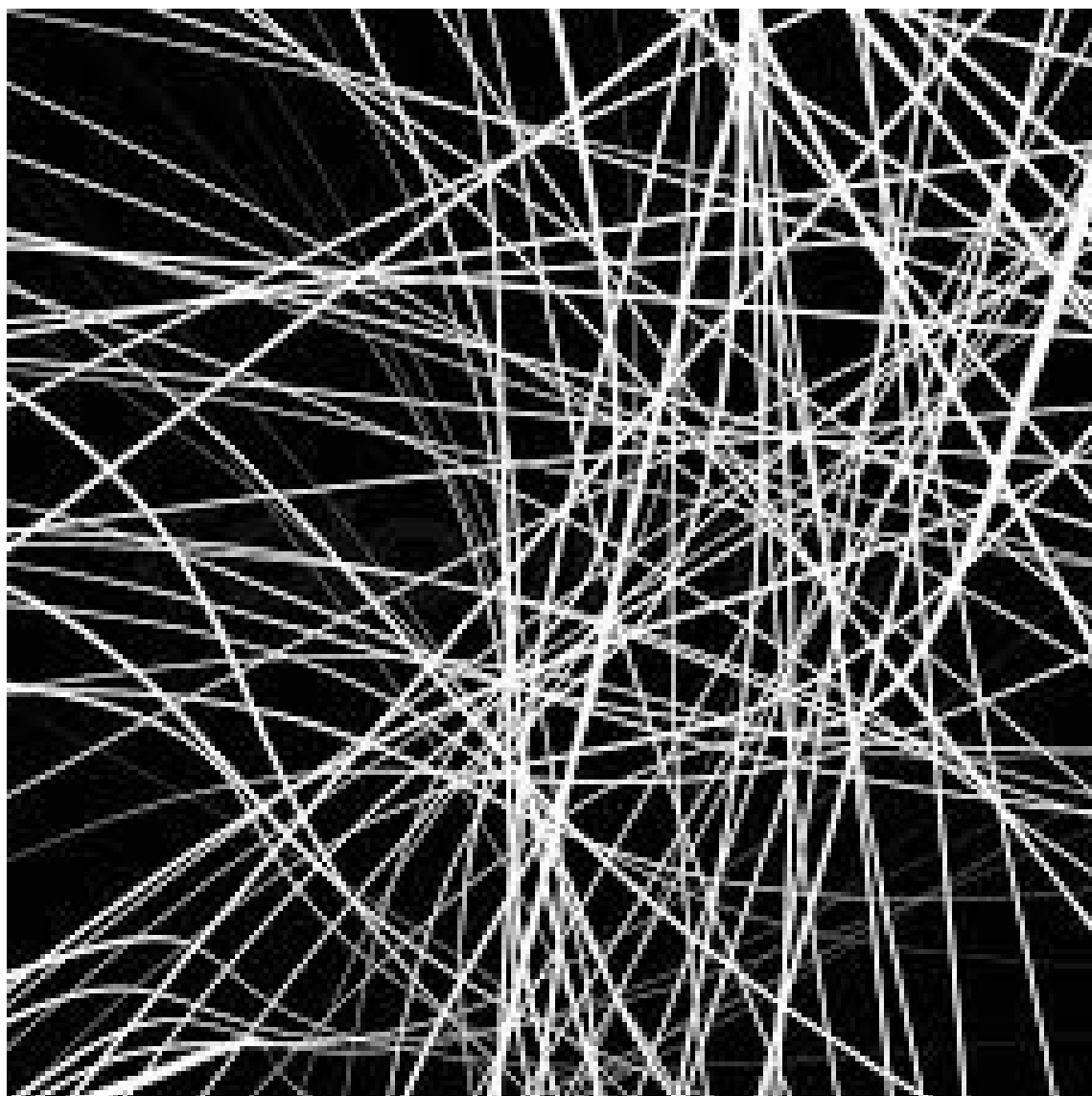
November 2, 2016

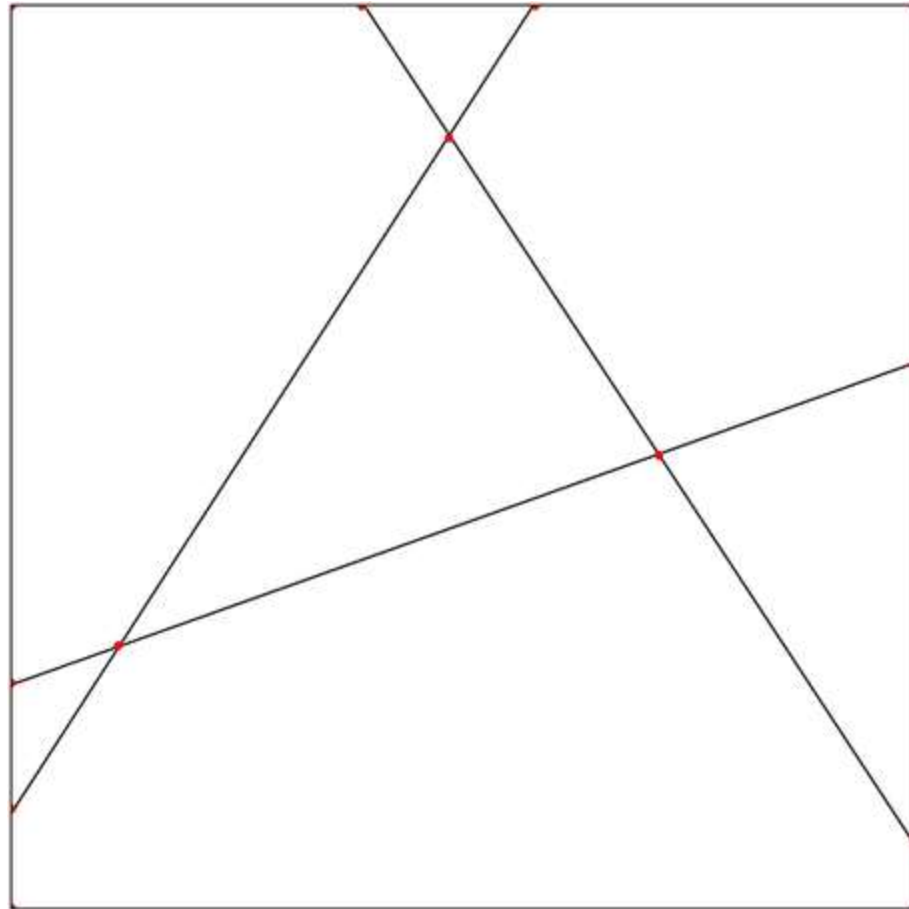
Mental Health Commission of Canada

Created in 2007 by federal government as independent arms length non profit organization with a 10-year mandate to:

- Develop Canada's first Mental Health Strategy
- Address stigma and discrimination
- Build knowledge exchange capacity in Canada
- Expanded mandate: Housing and Homelessness research demonstration project

Commission renewed for an additional 10 years in Budget 2015 (mandate and funding to come)













At Home / Chez Soi



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du Canada

Toronto

Montreal

Vancouver

Moncton

18%
Aboriginal

Winnipeg

67%
Aboriginal



Winnipeg's vision:

- Opportunity for Aboriginal community, through service providers, researchers and members with lived experience to lead, learn and participate
- Opportunity for mental health services and service providers to engage with the Aboriginal community
- Application and guidance through development of ***Aboriginal cultural lens*** applied to both the research and service delivery of the MHCC initiative





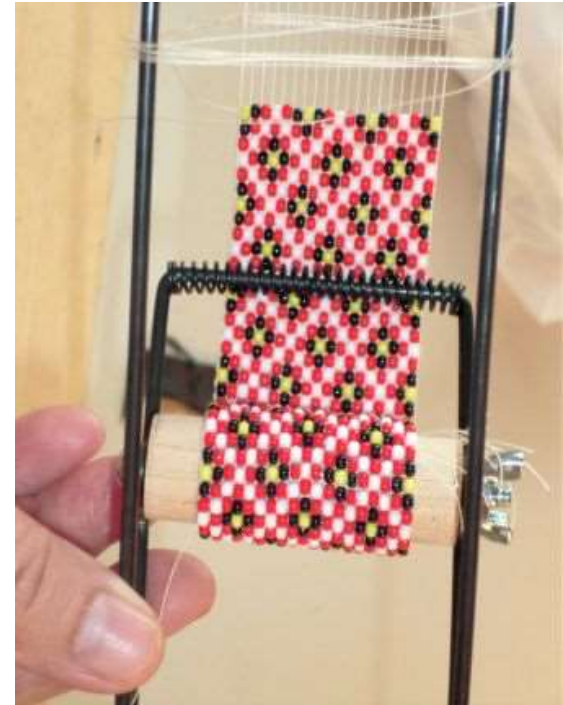
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Defining homelessness: An Aboriginal Perspective:

20 percent of participants indicated they had a seasonal pattern of movement that connected them with their home community.

- Attachment to multiple locations through a strong relationship with one's home community and family relations.





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Spiritual Homelessness:

Separation from traditional lands and from family and kinship networks



Geese

Fight or flight. It is always my way to take flight.

Run away, far far away. Avoidance is not always the best way to handle things.

Winnipeg HF teams:



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'Wi Che Win'*
(From the Mohawks:
"individuals linked
together In
healing circles")

Ma Mawi Wi Chi Itata
Strength/ Growth
Solution Focused
Choice
Respect
Resources

'Ni Apin' *
(From the Cree:
'I am sitting at Home')

**Aboriginal Health and
Wellness Centre**
Supported housing and
Day Program
Seven Sacred Teachings
Medicine Wheel

**Assertive
Community Treatment
ACT**
(from the clinically proven
Pathways model)
Mount Carmel Centre
Shared care intervention
Team Intervention
Choice

Recognizing and Celebrating Aboriginal Diversity

►Elders

►Sharing Circles

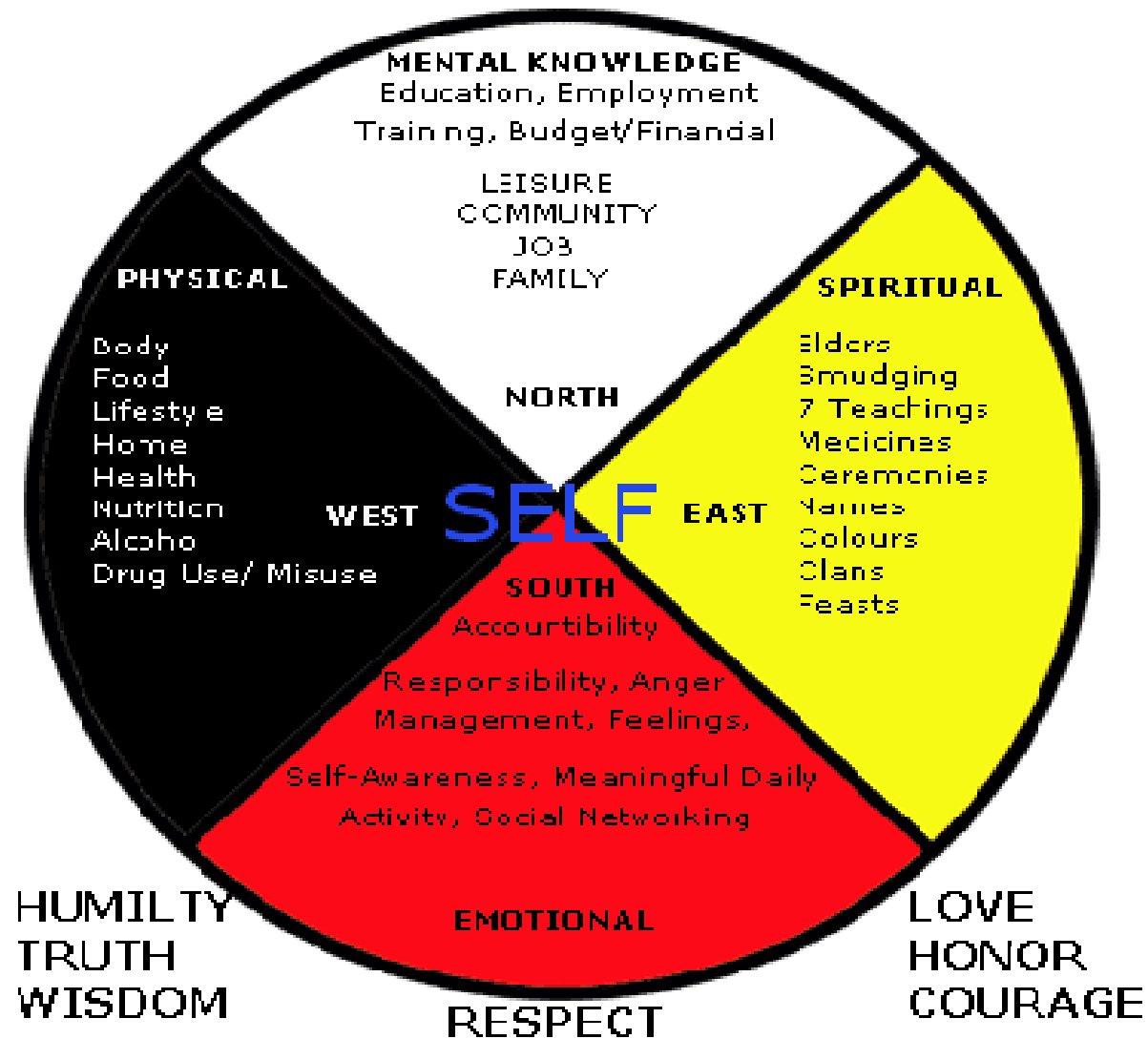
►Lived Experience

Medicine Wheel



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Learning = Change



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Caterpillars – Bridging the Gap

Having a place to stay through the At Home program has given me peace of mind and given me some opportunities to improve my life. I'm away from the bed bugs, the cold outside, and the hotels. I have a safe place and I can get healthy again.



Sunshine

This young lady always brightens my day with her youthful spirit. Caring, sharing and willing to learn, she can be a ray of sunshine on a cloudy day.



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Truth and Reconciliation Commission of Canada: Calls to Action





Thank you!

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