



Transitioning Youth from Care to Independence

Youth HUB

Transition to Independence

Youth Outreach Team

Completed and Presented By:
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Youth HUB

(Community Youth & Youth with Child and Family Services Status)

Assess
Triage
Referral

Not Housing First

Navigation & Referral

Alberta Works
AISH
Employment Services
Medical Needs
Mental Health & Addictions
Food Bank
Housing Listings
FASD Network Supports
(FASD Life Span and First Steps)

Housing First

(choice, not compliance based, harm reduction)

TIP

Intensive Case Management

Housing
Life Skills
Landlord Relations
Housing First Philosophy

Youth Outreach

Community Support

Art & Music Program
Clean Sweep
YWCA Women's Residence and Hestia Homes
Furniture Bank
Cultural Connections

Woods Homes

Partners

Family Ties
Child & Family Services
City of Lethbridge:
Lethbridge Housing Authority
Diversion Program
Rent Supplement Program

Phase 1 – Intake, Navigation and Referral – Strength based – uses the YAP

TIP process - Referral with a plan – CFS worker and youth – agreement to support and participate for 1 year minimum – rapid rehousing

What is the financial goal for living? – by age 24

AISH, AB Works, Independent income source, PDD – applications started as needed

Referral to the correct team with supports for the complex needs of the youth

WOODS

Transition to Independence

YWCA Women’s Residence

Hestia

Blackfoot Family Lodge

Youth HUB process – Referral to the correct team with supports for the complex needs of the youth

WOODS

Youth Outreach Housing First Team

YWCA Women’s Residence

Hestia

Blackfoot Family Lodge



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TIP Team is comprised of 5 full time Housing and Follow up Workers



Upon the warm transfer, the youth and the worker walk beside each other as so the youth can be the driver in how much they engage in the supports available to them. This has proven to be the best way for relationship and trust to be built. The worker is not going to do all the work and pull the youth along for the ride as this will not help them be successful in achieving independence.

LEAD ME, GUIDE ME

Walk Beside Me



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TIP & YOT Housing Options

Option 1:

Interim Stabilization Housing:
1509 13 Ave North

Option 2:

Enhanced Accommodation-
Roommate Companion

Option 3:

Independent Community
Living



Option 1:

Independent
Community Living

Option 2:

Various supports
through FIAAH teams

Option 1: Interim Stabilization Housing: 1509 13 Ave North

- Three youth will be accommodated at this home offering life opportunities for transition to independence.
- The home located at 1509 13 Ave N is a North Side home that houses 1 full time live in Resident Advisor, two rotating live in weekend Resident Advisors and three youth. There is one emergency bedroom that can be accessed to a youth in the TIP program for up to 2 weeks while they are transitioning from an unstable life situation.
- The home is designed for youth who require (or would like) more support in acquiring life skills (cleaning, cooking, laundry etc) and stability prior to moving to a semi-independent or community placement.



Option 2: Enhanced Accommodation- Roommate Companion

- Semi-independent, shared accommodation provides youth who have been identified as not having the skills to live independently, the option of living with an adult roommate who can provide the support, skill training and monitoring required based on the youth's unique needs.
- Roommate companions work in conjunction with the TIP Housing Support Worker. The roommates can have other employment or be going to school. Their role is to be a positive role model and be a consistent presence.
- Just that extra presence until they are ready to go it alone!



OPTION 3: INDEPENDENT COMMUNITY LIVING

- Youth are housed based on their input, in their own home through a scattered site model (apartments, condos, basement suite, etc.)



- Home visits occur a minimum of once per week



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Phase 2 - Stepping Up to Independence – TIP and YOT Program Participant Expectations

Month 1-3 – housing stabilization,
mental health/addiction,
weekly home visit,
weekly allowance,
weekly grocery shopping,
guest management,

3 month Case Conference with CFS, TIP and client reviewing current goals – decision, maintain or make new

Month 4-6 – daily needs,
laundry,
mental health/addiction,
house cleaning,
cooking,
guest management,

6 month Case Conference with CFS, TIP and client reviewing current goals – decision, maintain or make new



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Phase 2 - Stepping Up to Independence – TIP and YOT Program Participant Expectations continued

Month 7-9 – employment,
resume building,
mental health,
financial applications,
bank account set up,
(anything else as needed)



9 month Case Conference with CFS, TIP and client reviewing current goals – decision, maintain or make new, possible successful graduate program

Month 10-12 – mental health/addictions,
step up to independence where applicable and agreed through Case Conference in month 9.

(savings, partial financial responsibilities, schooling or employment, etc)

12 month Case Conference with CFS, TIP and client reviewing current goals – decision, maintain or make new, possible successful graduate program



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Phase 3 – TIP and YOT Graduate Program – TIP and YOT Program Participant

Expectations

Client is completely independent in all areas: financial, employment, housing, daily needs for a minimum of 6 months

Or

Client is completely independent in most areas and is currently utilizing Advancing Futures Bursary, attending school full time and still requires minimal financial supports through CFS

Including the below:

Housing First graduate requirements have been met

TIP worker to follow up with client as well as landlord 1 time per month through months 1-3, month 6, month 9, month 12 (complete case notes and SPDAT and interviews as required by Housing First)

Emergency help as needed/asked by client or landlord



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