



CHOICES FOR YOUTH

# INTEGRATED SERVICE DELIVERY

THE STORY FROM NEWFOUNDLAND AND LABRADOR

# NEWFOUNDLAND AND LABRADOR: CONTEXT

- **525,000 people, 50% around St. John's**
- **Rural population highly distributed**
- **Innu, Inuit and Mi'kmaq communities and governments**
- **Services concentrated in St. John's**



**CHOICES** FOR **YOUTH**

- **Founded in 1990 after the Mr. Cashel closure**
- **Non-profit, registered charity**
- **Professional services agency**
- **1600+ youth served annually**
- **130+ staff members**
- **Multiple service, programming and housing sites**

**Through innovative programming and social enterprises, we help youth and emerging adults secure stable housing, education and employment, while working toward family stability and better health.**

**HOUSING**



**EMPLOYMENT**



**FAMILY**



**HEALTH**





# INTEGRATED SERVICE DELIVERY AT CFY

- **It (often) starts with food**
- **Low barrier**
- **On-site health & mental health care**
- **On-site shelter**
- **Basic needs provision**
- **Community partners on site**
- **Centre of excellence**

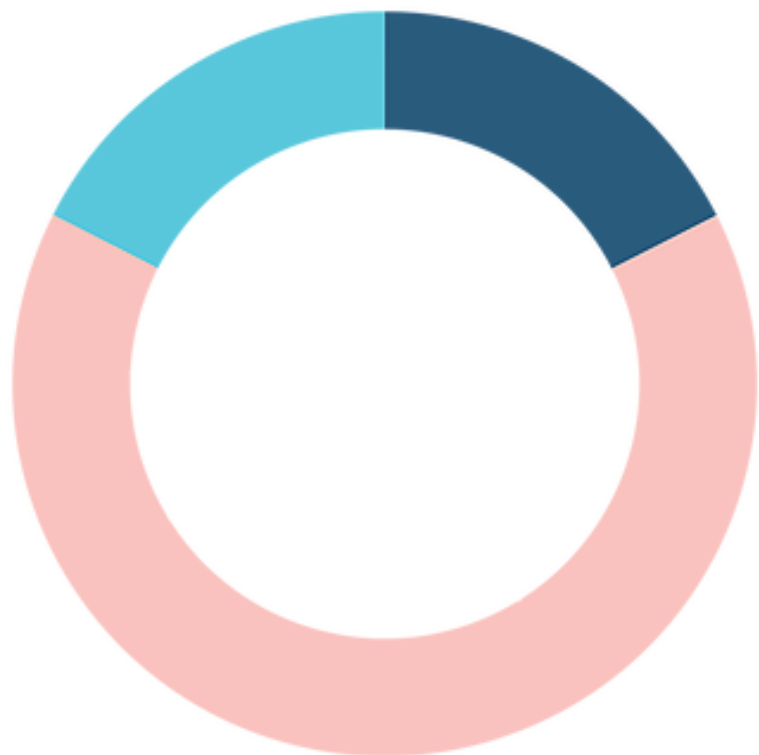


# LESSONS LEARNED

- “No door is the wrong door”
- Co-location = greater engagement, trust and success
- Young people with multiple, complex needs have the same needs, wants, hopes and goals as all of us
- ISD = working for prevention-based outcomes instead of crisis-driven responses

# EXPANSION AS PREVENTION

TRADITIONAL APPROACH



- Investments in Housing & Youth Supports
- Investments in Prevention
- Investments in Emergency Responses

STRATEGIC APPROACH



- Investments in Housing & Youth Supports
- Investments in Prevention
- Investments in Emergency Responses



# POLICY ALIGNMENTS

- All-Party Committee on Mental Health And Addictions
- Educational Outcomes Task Force
- New Child Welfare Legislation
- Housing and Homelessness Plan



# OUR PROCESS

- Early consultations – from the ballroom to the back deck
- Deep dives into service integration (with government partners)
- Statement of principles
- Developing a model
- Forming local teams
- Adopting and adapting



# OUR TEAMS

- Municipalities
- Health authorities
- Government departments
- Indigenous governments & organizations
- Community agencies

CHOICES  
FOR YOUTH

HELPING AT-RISK YOUTH SECURE  
EDUCATION AND EMPLOYMENT



CHOICES FOR YOUTH



# THE VISION

- A network of sites in regional hubs around the province
- Co-locating primary care, mental health care, addictions care, housing support, employment support, case management
- Shared backbone support
- Lots of local variation



# NEXT STEPS

- Lock down partner commitments
- Dialogue with funders
- Write it up and make the case





LINKS



**“We Are Ready” report:**  
**[www.choicesforyouth.ca/expansion](http://www.choicesforyouth.ca/expansion)**

**Statement of Principles:**  
**[www.choicesforyouth.ca/principles](http://www.choicesforyouth.ca/principles)**

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