

HOUSING FIRST FOR YOUTH AND MAKING THE SHIFT: WHEN OUTCOMES DRIVE IMPLEMENTATION

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Making the Shift

Youth Homelessness Social Innovation Lab



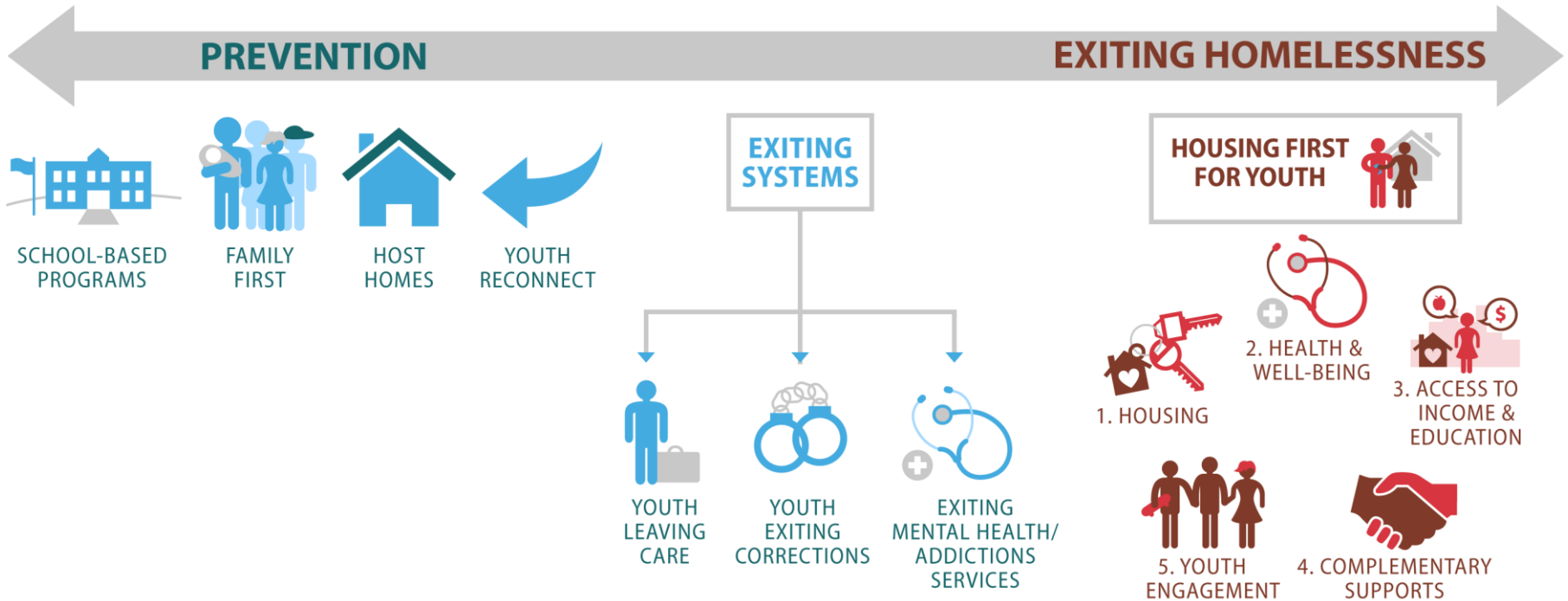
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Building the Evidence Base



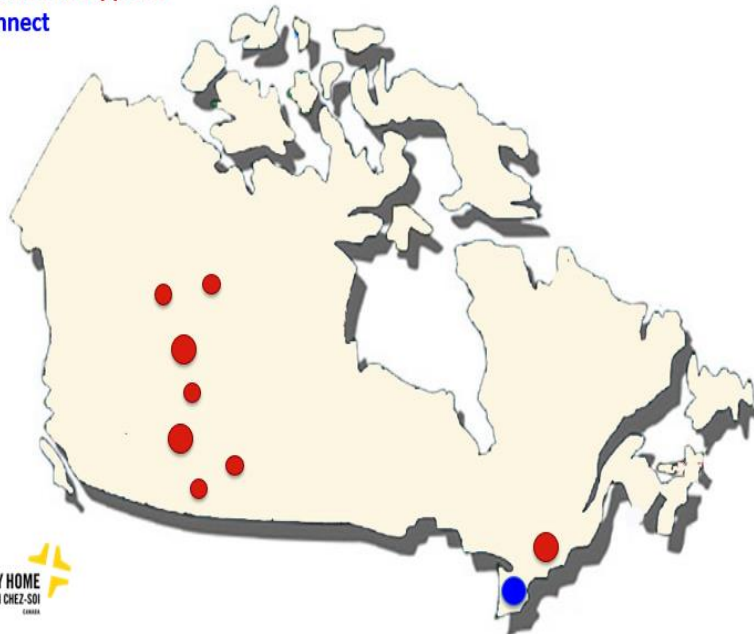
MAKING THE SHIFT: DEMONSTRATION PROJECTS

Prevention

Family and Natural Supports

Youth Reconnect

- Family and Natural Supports
- Youth Reconnect



Alberta – The 7 Cities

- Calgary
- Lethbridge
- Medicine Hat
- Grand Prairie
- Fort McMurray
- Red Deer
- Edmonton

Ontario

- Hamilton
- Toronto



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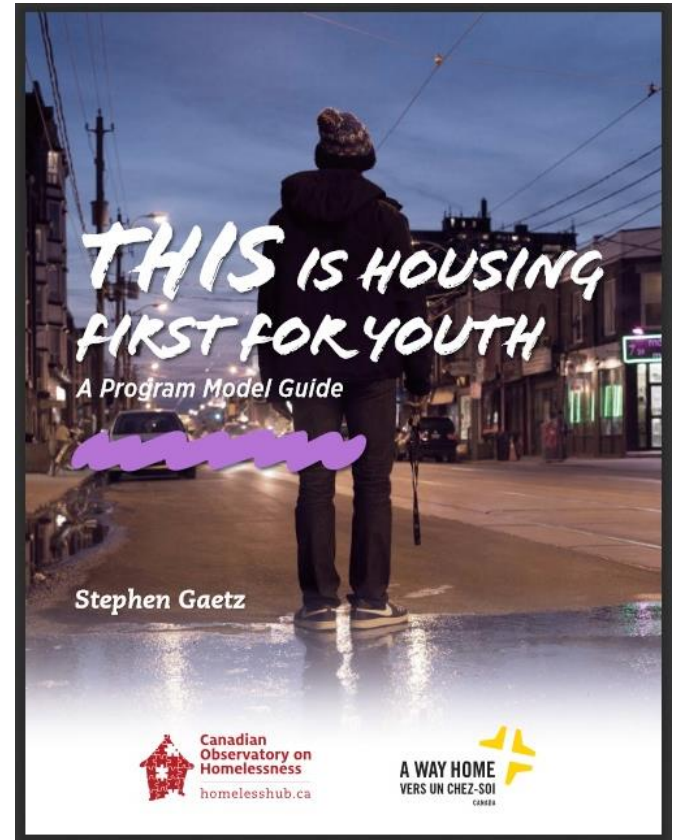
MAKING THE SHIFT: DEMONSTRATION PROJECTS

Exiting Homelessness

Housing First for Youth

Ontario – 3 sites:

- Hamilton
- Toronto
- Ottawa



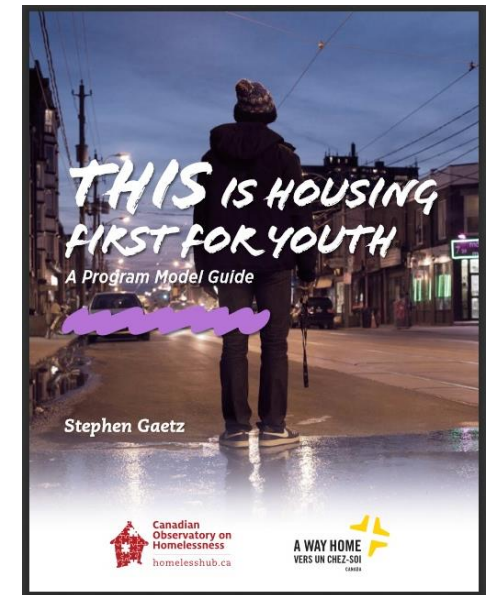
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HOUSING FIRST FOR YOUTH (HF4Y) PROGRAM MODEL

The core principles of HF4Y include:

1. A right to housing with no preconditions
2. Youth choice, youth voice, and self-determination
3. Positive youth development and wellness orientation
4. Individualized, client-driven supports with no time limits
5. Social inclusion and community integration



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OUTCOMES



Outcomes relate to the service delivery model.

Because the focus of HF4Y is not just on independence, but on healthy transitions to adulthood, outcomes go beyond a simple measure of housing stability. These outcomes **include:**

- Health
- Mental health
- Addictions
- Personal safety
- Educational engagement and achievement
- Income and employment
- Quality of life
- Life skills
- Family and natural supports
- Social relations
- Community connections
- Cultural connections
- Engagement in meaningful activities

MAKING THE SHIFT: DEMONSTRATION PROJECTS

Exiting Homelessness

Housing First for Youth

Research methodology:

- Demonstration evaluation
- Outcome evaluation
 - *Randomized Controlled Trial*



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MAKING THE SHIFT: DEMONSTRATION PROJECTS

Exiting Homelessness

Housing First for Youth

Randomized Controlled Trial:

- Housing First for Youth intervention
- Treatment as Usual



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MAKING THE SHIFT: DEMONSTRATION PROJECTS

Exiting Homelessness

Housing First for Youth

Hamilton

- Indigenous-identified youth aged 16-24 years
- Exiting systems (care, justice system, hospital, etc.)

Toronto

- Youth aged 18-24 years
- Exiting care

Ottawa

- Youth aged 18-24 years
- Newly homeless or in transitional/supportive living





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