Evaluating Lessons Learned From Durham Region's Community Hub Model For Homeless and Vulnerable Populations



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AGENDA

Project Background

Methodology

Key Findings

Recommendations

Limitations

Conclusion



Project Background: Setting the Stage

The COVID-19 Pandemic severely disrupted community resources such as healthcare, housing, and support services for vulnerable populations.

In early 2020, two community hub pilots were developed as an emergency response to address resource gaps in healthcare and behavioural services.

Collaboration between Ontario Tech University and the Regional Municipality of Durham to evaluate the community hub model's effectiveness in addressing the patrons' needs.

Methodology



Co-designed with community stakeholders

Mixed methods -Close-ended and open-ended surveys

- Semi-structured interviews

Study Sample		Data Collection	
75 Patrons		Literature review	
15 Direct service employees	2	Patron survey (n=75)	
5 Managers	J	Employee survey	
2 Subject matter experts		(n=15)	
		Key informant interview (n=7)	

Data Analysis

Descriptive statistics calculated using the SPSS statistical software

Thematic analysis using Microsoft Excel and Survey Monkey software

Findings: Literature Review



Limited information on community hub models that integrate behavioural services and healthcare for populations experiencing homelessness.



Urgent need for comprehensive, community-based, low-barrier access, integrated service models for vulnerable populations.



Benefits of integrated service models:

Improve symptoms of depression, physical health and quality of life. Five times less expensive than hospital care. Reduce stigma in service delivery.

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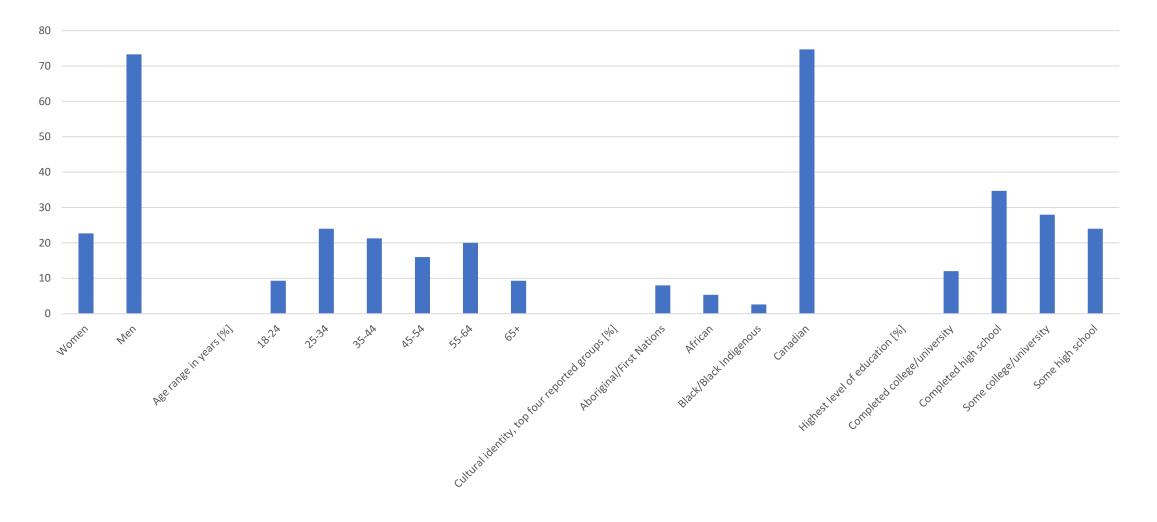
Barriers to community hubs' success:

Lack of culturally competent service providers, tools and financial resources.

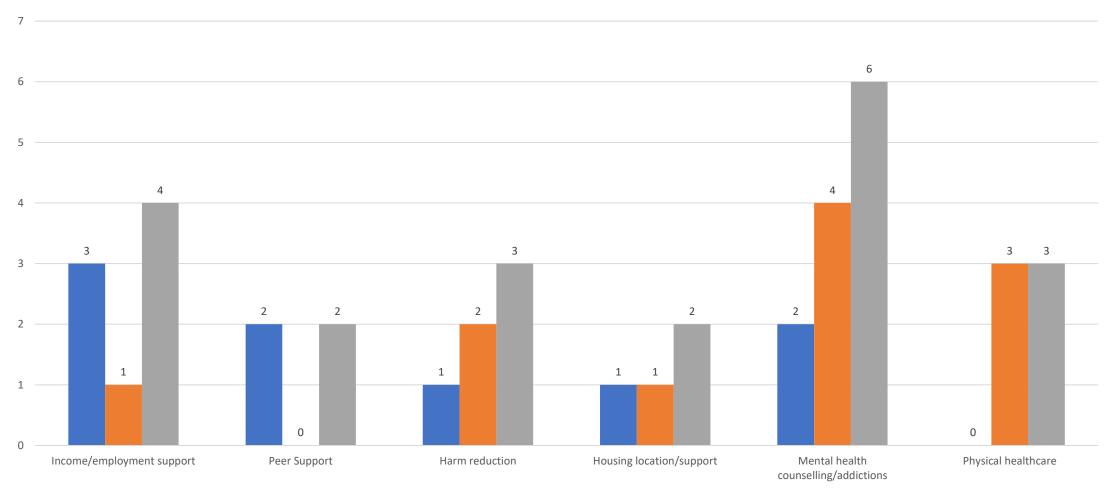
Inadequate time to consult with community partners on service design and operation.

Challenges to integrate primary care into existing organizational structures.

Findings: Patrons Demographic

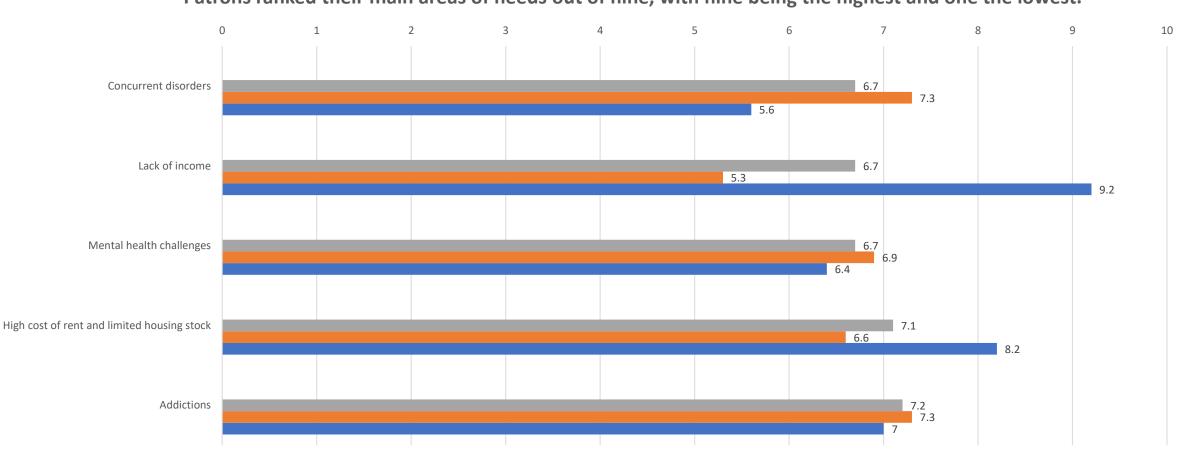


Findings: Direct Service Employees Roles



■ Hub 1 (n) ■ Hub 2 (n) ■ Total (n)

Findings: Patrons' Main Areas of Need



Patrons ranked their main areas of needs out of nine, with nine being the highest and one the lowest.

■ Total (n) ■ Hub 2 ■ Hub 1

Findings: Housing Access Barriers

10 9.2 9 8.2 8 7.3 7.3 7.2 7.1 6.9 6.7 6.7 6.7 6.6 6.4 6 5.6 5.4 5.3 4.9 4. 4.4 4.3 3.6 3 2 0 Addictions High cost of rent and limited Lack of income Physical health issues Fear of change Mental health challenges Concurrent disorders housing stock

Employees ranked barriers to patrons accessing housing, with 10 being the highest and 1 being the lowest.

■ Hub 1 ■ Hub 2 ■ Total (n)

Findings: Prevalence of Patrons' Health Concerns

Patrons ranked the prevalence of their health concerns from one to six, with one being the most prevalent and six the least prevalent

Characteristic	Hub 1	Hub 2	Total
Mental Health Issues	1.9	2.7 (62%)	2.3
Chronic Physical Health Issues	1.7 (57%)	3.6	2.6
Physical Disability	2.1	3.8	2.8
Addictions	2.2	3.7	2.9
Mental Health and Addictions	2.5	3.3	2.9
Cognitive/Neurological Brain Injuries	3.8 (31%)	3.7 (42%)	3.7



Findings: Community Hubs' **Response to Patrons** Health Needs



Have a Family Doctor/Nurse Practitioner

Hub 1: 60% Hub 2: 62.5%

Ug

Last visit with a healthcare provider

Hub 1: 32% less than 12 months ago Hub 2: 31.45 more

than 12 months ago



Emergency Department visits in the past six months Never: 41.1% Three times: 41.1% 4-6 times: 12.3% 7-10 times: 2.7% 10+ times: 2.7%

Findings: Patrons Experience with Community Hub Services





68% agree or strongly agree that the hubs help them access food.



67% agree or strongly agree that the hub programs help them feel less alone.



61% agree or strongly agree that the hubs help them access other social services they need in the community.



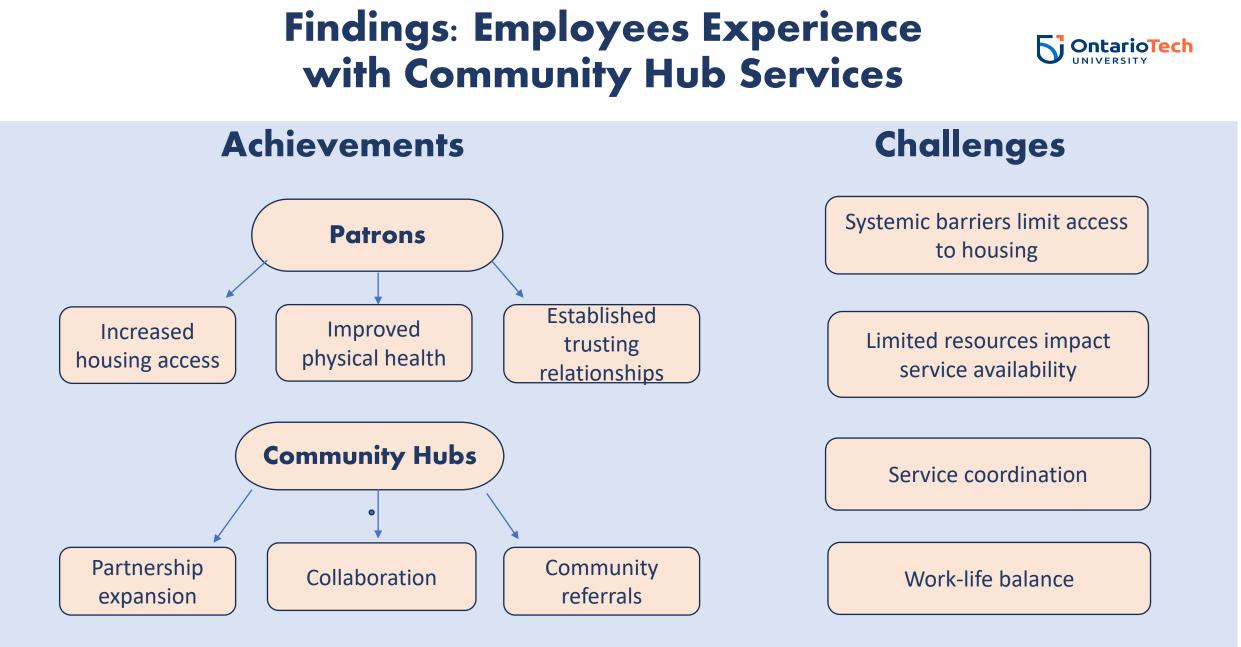
55% agree or strongly agree that the hubs help them access housing and housing support services.



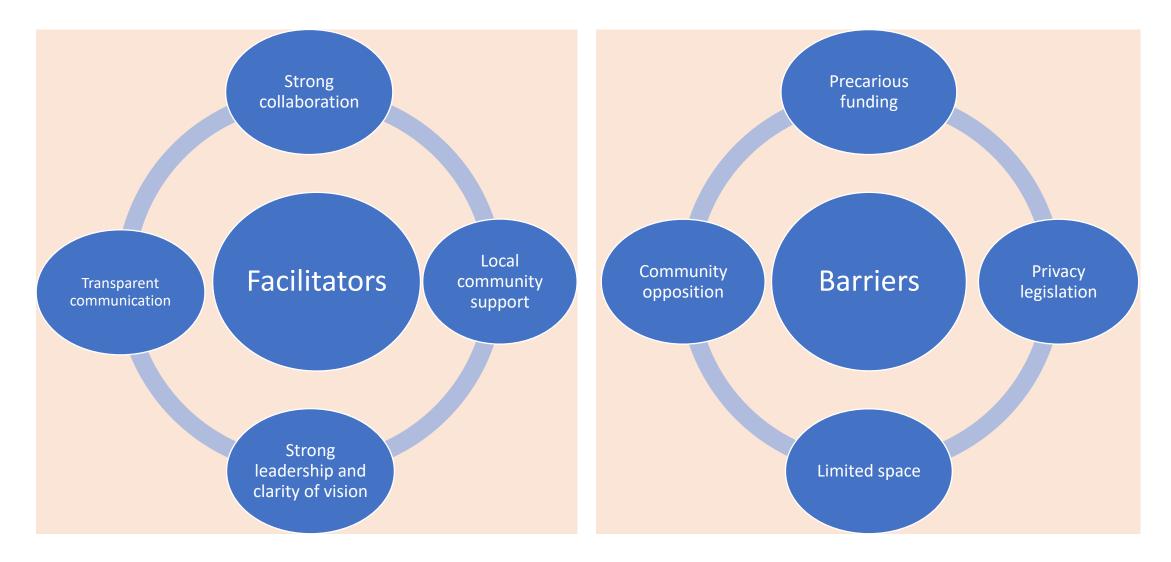
53% agree or strongly agree that the hubs help them address their physical healthcare needs.



52% agree or strongly agree that the hubs help them address their mental health and/or addiction needs.



Findings: Key Informants' Experience with **ContarioTech** Community Hub Development and Operation



Recommendations

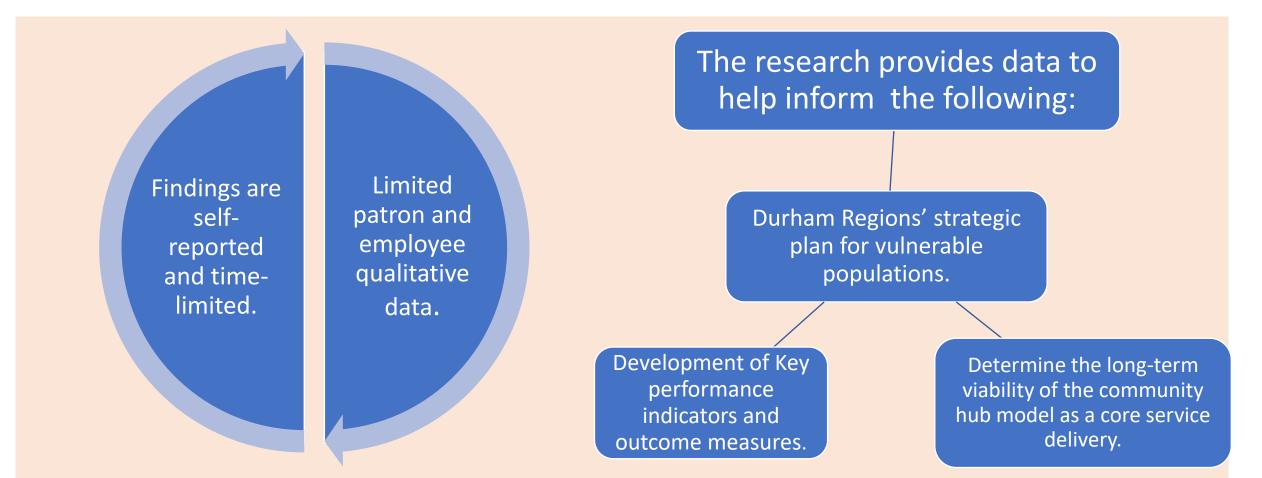




Limitations and Conclusion

Limitations

Conclusion





For additional information on the project, please contact volletta.peters@ontariotechu.net

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Thank you for your time and attention.