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Boys & Girls Clubs
of Calgary

Haven's Way

Program Summary

- Haven's Way specific goal is to provide young women with a safe supportive home environment where they can begin to heal, increase their level of education and develop the skills and supports that will transition them into adult self-sufficiency.

Haven's Way

- offers a home for young females(14-24) who are homeless or at risk of homelessness and committed to completing their education and no CFSA status. This risk has presented itself in many different ways including sexual, mental and physical abuse, sexual exploitation, neglect, mental health, drug addiction and involvement with street life. We offer these girls a safe home environment, surrounded by positive adult role models that support them to thrive in their daily lives.



Haven's Way



House Parent

Family environment

Intensive Supports

Focus on life skills

Supportive Roommate

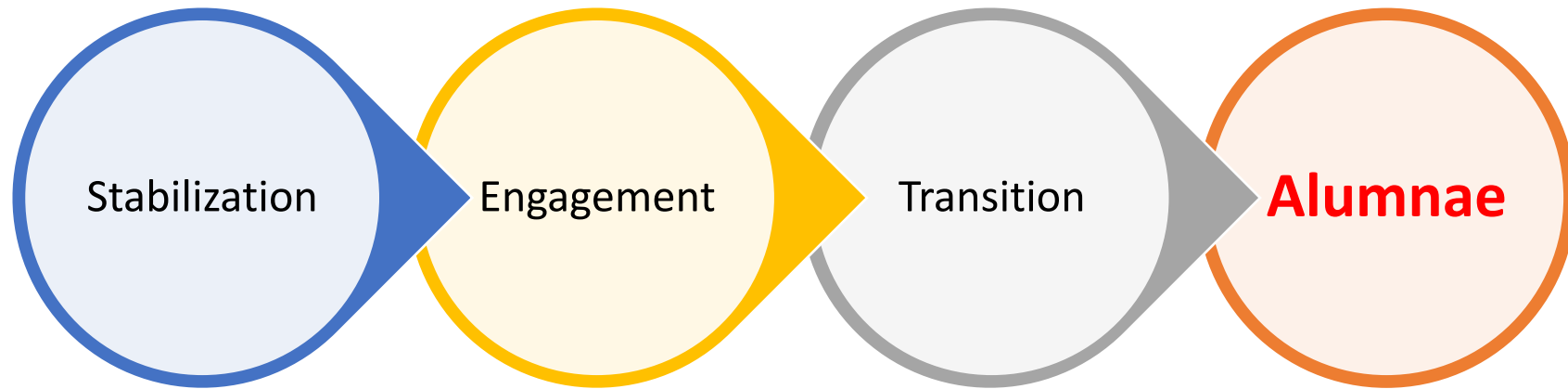
Adult roommate/mentor

Independence

Focus on "what's next"



Program Phases



Core Principles of The Foyer Model

Focus on helping young people who are homeless or in housing need - including young people leaving care - to achieve the **transition from dependence to independence**.

Developmentally-appropriate environment to build competence and a feeling of achievement.

Holistic approach to meeting the young person's needs based on an understanding of adolescent development.

Supported transition that is **not time limited**, in which young people can practice independent living.

Investment in **education, training, life skills and meaningful engagement** in order to improve long-term life chances.

Provision of a **community of peers and caring adults** with emphasis on peer mentoring.

Provision of necessary and appropriate **aftercare** to ensure successful transitions to adulthood and independent living.



#HDubb

...is a “**housing first**” program operating within a Foyer Model, for young women who are homeless or at risk of homelessness. We believe it’s in a supportive home environment that youth can relax and begin to explore their identity and set goals for themselves.

“We’re kindof a big deal!” – Sam age 22

“We are all good people and deserve good things to happen to us and Havens is the best thing so far”..... - Shelby age 21

“Sometimes you hear stories about youth that fall through the cracks. *Haven’s Way*, picked me up” – Ange age 22



Core Elements

- **Healthy Supportive Relationship**
 - “Staff” are more seen as a family member/mentor/go to person
 - Live in support – not a staffing model
 - Space for making mistakes – Rule Breaking
 - Intentional Practice
- **Building a Home**
 - Family
 - “Normal”
 - Physical Design
- **Peer Mentorship/Siblings**
- **House Maintenance**
- **Flexible Financial Supports**
- **Transition Planning**
 - Long term supportive housing
 - No set move out dates – just goal planning
- **Zero discharge to homelessness**



Haven's Way Guiding Beliefs

1. Housing is a human right.
2. Choice” and “voice” in one’s own life is essential.
3. All youth need time and practice to learn to be good neighbors and to gain the skills and confidence necessary to live as self-sufficient adults.
4. Supportive, accepting relationships that youth can count on are essential as youth move out of homelessness and street life.
5. Youth need financial and instrumental supports to get started.
6. All people benefit from connection with community supports and resources that offer a safety net in times of trouble

Haven's Way Outcomes

Since Inception 2000

- 70 young women supported and graduated from the program
- Average SPDAT score in Havens is 44
- Average length of stay is 2.3 years, longest stay being 3.8 years

2015-Current

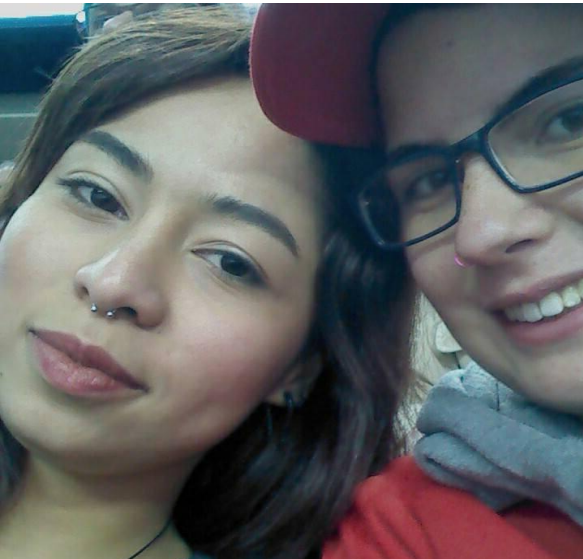
- Havens has supported 8 girls
- 100% of the girls increased their level of education
- 88% of the girls gained employment
- 86% of the girls improved their relationships with their family/natural supports
- 100% of the girls accessed community supports



Haven's Way Alumni Outcomes

(Evaluation Outcomes)

- Of the 11 alumni interviewed, 55.5% of the youth initiated the exit/graduation
- Of the 11 alumni interviewed, 45.5 % of the youth stated the exit/graduation was initiated by both the youth with staff



100% of the girls that graduated between 2012-2015, remain in contact with staff from Haven's Way

- **54.5% low level of support, 36.4% monthly, 9.1% weekly**

100% of these graduated youth remain housed

82% of these graduates remain employed